

PRODUCT CATALOGUE



NUSKIN
DISCOVER THE BEST YOU™



FROM THE
OUTSIDE IN AND
THE INSIDE OUT,
NU SKIN® IS THE
KEY TO LOOKING
AND FEELING
YOUR BEST

Glance forward in time – see a more youthful looking you. Your complexion appears smoother and radiant; your body appears more vibrant, firmer and contoured.

At Nu Skin®, we are committed to helping you achieve this best version of you. With state-of-the-art skin care solutions and food supplements formulated to help you defy the visible signs of ageing, you have all the tools you need.

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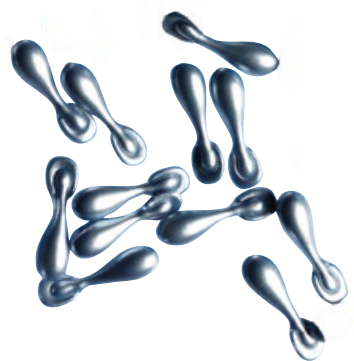
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AVAILABILITY

For Nu Skin® product availability, specific information within your country or the updated item number, please consult the price list at www.nuskin.com

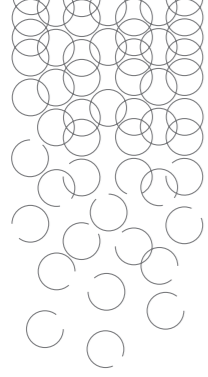
For Pharmanex® product availability within your country, please refer to the country code listed for each product.

Available in:

- (AT) Austria
- (BE) Belgium
- (CH) Switzerland
- (CZ) Czech Republic
- (DE) Germany
- (DK) Denmark
- (ES) Spain
- (FI) Finland
- (FR) France
- (GB) Great Britain
- (HU) Hungary
- (IE) Ireland
- (IS) Iceland
- (IT) Italy
- (LU) Luxembourg
- (NL) Netherlands
- (NO) Norway
- (PL) Poland
- (PT) Portugal
- (RO) Romania
- (SE) Sweden
- (SK) Slovakia
- (TR) Turkey

The information contained in this catalogue was correct as at May 2016.

For the most up-to-date version of the Product Catalogue, check the online version on our website at www.nuskin.com



INNOVATIVE. COLLABORATIVE.

Scientific innovation has established Nu Skin® as a leader in the health and beauty industries. Our proprietary product formulations and technologies enable us to set new industry standards in the sources of ageing, with real solutions that exhibit demonstrable results. Our team of in-house scientists demonstrates our commitment to research and development by collaborating with leading research institutions. These collaborative relationships help us to develop next-generation skin care and nutritional products.



“Nu Skin® is taking the science of the sources of ageing to a completely new level by studying the genetic origins of how and why we age.”

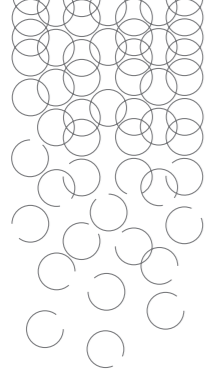
Dr. Joseph Chang, Chief Scientific Officer Executive Vice President Product Development

THE FUTURE OF LOOKING AND FEELING YOUNG

Based on years of unparalleled research in skin and nutritional science, Nu Skin® has ushered in a new era with our exclusive ageLOC® science.

With our exclusive ageLOC® science, you can unlock your youthful potential. The ageLOC® brand is a comprehensive approach – targeting the ultimate sources of ageing to diminish the look and feel of ageing. Get ready to discover the products that will improve different aspects of your life. It’s time to unlock the new you.





ageLOC® SCIENCE

Nu Skin® has taken the latest insights of how to impact the visible signs of ageing to a new level. In collaboration with some of the world's leading anti-ageing researchers, Nu Skin® scientists have identified key groups of genes called age-related super markers or arSuperMarkers, that influence how we seem to age. Nu Skin®'s exclusive ageLOC® science targets these ultimate sources of ageing to develop products that help you look and feel younger.



“Nu Skin® uses gene chip technology to identify functional groups of age-related super markers – what we call Youth Gene Clusters. Our research on Youth Gene Clusters helps us to better understand the mechanism of the visible signs of how we look as we are ageing.”

*Helen Knaggs, Ph.D., Vice President
Global Research & Development*



IDENTIFYING THE SOURCE

The scientific community has open access to the Human Genome, but Nu Skin®'s breakthrough ageLOC® science gives us the ability to interpret it in a meaningful way. In a recent discovery, Nu Skin®, along with anti-ageing and genetics experts, identified key groups of genes called Youth Gene Clusters. Nu Skin® believes that finding and identifying these functional groups of genes is crucial to addressing the visible signs of ageing at the source.

Clinical study results, genomic analyses and substantiated research have led Nu Skin® scientists to identify genes of which the expression profile shares characteristics associated with youthfulness. The expression of these genes is responsible for the visible signs of ageing on our skin.

REBALANCING YOUTH

Once these key groups of genes have been identified, it is necessary to understand how their activity can reflect a more youthful skin profile. Rebalancing this profile is a subtle process, it is not as simple as turning them all on or off. Some skin markers may need to be turned down and others turned up. Nu Skin®'s proprietary ageLOC® science creates new opportunities to support younger looking skin and body.



FROM THE OUTSIDE IN

Nu Skin® is a leader in the skin care industry with scientifically advanced ingredient technologies and skin beneficial formulas comprised of high quality ingredients. And now, together with ageLOC® science, our skin care products are going a step further by helping to unlock the secret to a younger looking you – today and in the future.



ageLOC me®

Nu Skin® has redefined skin care with ageLOC Me®, an entirely new approach to anti-ageing. Featuring five cutting-edge cartridges (1 day moisturiser, 1 night moisturiser and 3 anti-ageing serums combined in one step through the device), one unique delivery device and one smart Skin Assessment, ageLOC Me® is anti-ageing skin care like you have never seen, felt, or imagined.



CUSTOMISED SKIN CARE

Imagine anti-ageing skin care as individual as you are. Experience it with ageLOC Me® state-of-the-art technology and breakthrough anti-ageing formulations.



EXPERT SKIN ASSESSMENT

ageLOC Me® eliminates the guesswork, making it easier to find the ideal customised daily skin care regimen including your anti-ageing serum, Day and Night moisturisers.



ageLOC® ANTI-AGEING FORMULAS

Represent Nu Skin®'s most sophisticated anti-ageing skin care formulations in an exceptional way with revolutionary ageLOC® technology that targets the sources of the visible signs of skin ageing.



A UNIQUE SKIN CARE EXPERIENCE

ageLOC Me® transforms your daily regimen into a truly luxurious, touchless and hygienic experience through a first-of-its-kind delivery device.

CUSTOMISED FOR YOU
by you



ageLOC Me® Skin Care System includes:
 1 ageLOC Me® Device, 1 ageLOC Me® Reference Set (5 initial ageLOC Me® cartridges: 1 Day moisturiser with fragrance and SPF 25 – 28ml, 1 Night moisturiser without fragrance – 28ml and 3 Serum – 12ml each) , 1 ageLOC Me® quick start guide, 1 ageLOC Me® Skin Assessment card, 1 ageLOC Me® travel container and 4 AA batteries.
 Item No. 97001640

YOUR 4 STEPS TO INDIVIDUAL SKIN CARE



1. Discover the ageLOC Me® Skin Care System and learn about your skin



2. Personalise your skin care regimen with the ageLOC Me® Skin Assessment



3. Experience your customised skin care regimen



4. Fine-tune your regimen to adjust to the season, your skin ageing concerns or a location change

ageLOC Me® SKIN CARE SYSTEM

Customised for you, by you

ageLOC Me® is a first-of-its kind anti-ageing skin care system combining customisation, skin care and innovation. The ageLOC Me® Skin Care System contains 1 ageLOC Me® Device as well as 1 month's supply of anti-ageing products called the Reference Set.



ageLOC Me® DEVICE

- First-of-its-kind touchless delivery device
- Makes the daily skin care routine more streamlined, fast, easy and fun
- Delivers a precise dose at the right time, every time
- Hygienic and clean delivery



ageLOC Me® REFERENCE SET

- Enables you to learn about your skin's needs and your preferences
- Proprietary ageLOC® formulations
- Anti-ageing ingredients provided in 3 Serum cartridges delivered in one step - providing a wide array of active ingredients.
- Stored in airless, patented cartridges, this vacuum filling ensures the most optimal product delivery

The ageLOC Me® Reference Set is also available for individual sales. 5 ageLOC Me® cartridges (1 Day/1 Night/3 Serum)

Item No. 97001643



ageLOC Me® SKIN ASSESSMENT

- Intelligent and exclusive skin assessment algorithm based on Nu Skin®'s experience and expertise
- Customisation based on you, your skin and your preferences
- Eliminates the guess work and makes the skin care product selection much more precise
- Enables you to fine-tune your regimen when needed

ageLOC Me® CUSTOM SET

Get your custom-made skin care with ageLOC Me® Skin Assessment. This online evaluation tool is your pathway towards a personalised skin care regimen with about 2,000 product combinations, thanks to a specific series of questions concerning your environment, your skin ageing concerns and your preferences. After taking the Skin Assessment, use your personal skin care code to buy your tailored cartridges.

Complete the ageLOC Me® Skin Assessment to get your personal code.



ageLOC Me® DAY AND NIGHT MOISTURISER

The Day and Night formulas are designed to work together in way to provide a comprehensive hydration. The moisturisers help improve cellular turnover to refine texture and reveal smoother, softer skin. Customise your moisturisers according to your preferences with the ageLOC Me® Skin Assessment.

ageLOC Me® SERUM

The serums target a wide range of ageing concerns, such as the appearance of lines and wrinkles, uneven skin tone, pore size, discolouration, skin's firmness, etc. Your 3 specific cartridges will depend on the skin care needs you highlighted through your Skin Assessment.



ageLOC Me® TRAVEL CONTAINER

Bring your ageLOC Me® products with you when travelling with this handy travel container featuring 3 jars for your Day and Night moisturisers and your Serum. This travel container fits up to 7 days' worth of product.

Item No. 97001644



ageLOC Me® LEATHER CASE

This luxurious, genuine leather case features a stand for your ageLOC Me® Device and 3 compartments to hold additional ageLOC Me® cartridges and batteries. It's the perfect accessory to transport your ageLOC Me® and show off this unique product.

Item No. 86998684

ageLOC® EDITION NU SKIN GALVANIC SPA SYSTEM® II

Switch on the power of youth.

Smooth the appearance of fine lines and wrinkles, rejuvenate your complexion, revitalise your scalp and invigorate your body's skin appearance with the patented ageLOC® Edition Nu Skin Galvanic Spa System® II. Studies show that galvanic current improves the delivery of key ingredients to your skin. The results are so remarkable, your radiant, youthful face and body will leave people wondering about your age and your secret. Are you ready to switch on the power?

Item No. 97101332 (white)
97101333 (black)



ageLOC® EDITION NU SKIN GALVANIC SPA SYSTEM® II

Switch on the power to a younger looking you with the ageLOC® Edition Nu Skin Galvanic Spa System® II. Reveal a fresh, soft, luminous complexion; diminish the appearance of lines and wrinkles; increase your hair's lustrous appearance; and visually reduce the appearance of an orange peel looking skin. Look revitalised, refreshed and younger with unsurpassed results.

FACE CONDUCTOR



NU SKIN GALVANIC SPA SYSTEM® FACIAL GELS WITH ageLOC®

Younger looking skin in 5 minutes.
Nu Skin Galvanic Spa System® Facial Gels with ageLOC® is a two-step face session that enables optimal delivery of anti-ageing ingredients to the skin. It features ageLOC®, a proprietary patented technology that targets the visible signs of skin ageing at its source. Transform a tired and stressed complexion into skin that immediately feels refreshed, hydrated and incredibly soft and clean.

Pre-treatment and treatment gel
4 vials each

Item No. 97003876

Pre-treatment SELECT 1  Treatment SELECT 2 

UNSURPASSED RESULTS

Boost the visible benefits of ageLOC® Future Serum, the central product of ageLOC® Transformation, by an average of 80% across multiple visible signs of skin ageing by using the ageLOC® Edition Nu Skin Galvanic Spa System® II three times a week.*

80%
*Seven-day third-party clinical study on 30 women, November 2009.

THE DIFFERENCE DEMONSTRATED: SWITCH ON THE POWER OF YOUTH IN MINUTES



BEFORE APPLICATION | AFTER APPLICATION¹
(Results after 6 months)²



BEFORE APPLICATION | AFTER APPLICATION¹
(Results after 1 application)³



BEFORE APPLICATION | AFTER APPLICATION¹
(Results after 1 application)³

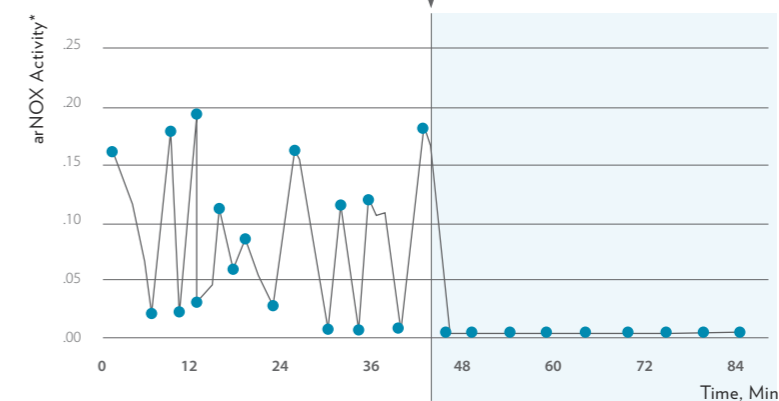
¹ The results achieved may not be typical and your results may vary.

² The results were achieved after using ageLOC® Transformation twice a day, ageLOC® Edition Nu Skin Galvanic Spa System® II and Nu Skin Galvanic Spa System® Facial Gels with ageLOC® twice per week.

³ The results were achieved after using the Nu Skin Galvanic Spa System® II instrument and Nu Skin Galvanic Spa System® Facial Gels.

arNOX Activity - in vitro experiment

ADDITION OF arNOX INHIBITOR



This experiment shows how an in vitro arNOX inhibitor affects arNOX enzyme activity.

DESCRIPTION OF BENEFITS

ageLOC® ingredients have been shown to protect the skin from oxidative stress by reducing the expression of free radicals associated with the arNOX enzyme. This may help slow down the appearance of skin ageing that may be caused by accelerated free radical production.

*arNOX activity measured in vitro through Ferricytochrome C Reduction, nmole/min/1.5mg epidermis.



SCALP CONDUCTOR




NUTRIOL® HAIR FITNESS TREATMENT

Helps hair look and feel more abundant.

This leave-in solution remineralises the scalp and hydrates the hair with Tricalgoxyl®.

12 vials

Item No. 97101218

SELECT 



NUTRIOL® SHAMPOO¹

Head-turning results for your head of hair.

Featuring Tricalgoxyl®, this solution shampoo is formulated for use with Nutriol® Hair Fitness Treatment to help enhance fullness and shine.

125ml

Item No. 97101219

¹Should not be used with the ageLOC® Edition Nu Skin Galvanic Spa System™ II.



NU SKIN® CAPES

Give your demonstrations a professional touch.

These Nu Skin® branded white capes are made of waterproof nylon.

73x73cm
10-pack

Item No. 97136867



TRU FACE® LINE CORRECTOR

Smooth the appearance of lines with the power of peptides.

This advanced formula features the revolutionary procollagen peptides that help soften the appearance of moderate to deep lines around your mouth, eyes and forehead in just four weeks. Enhance the benefits by using this product with the ageLOC® Edition Nu Skin Galvanic Spa System™ II Focus Area Conductor.

30ml

Item No. 97102704

SELECT 



GALVANIC SPA TOTE BAG

All your supplies at your fingertips.

With elasticised bottle loops and zippered organisational pockets, each item is in view for easy access.

Item No. 86997616



NU SKIN® TOWELS

Add style to your beauty care sessions.

Made of 100% cotton, these super soft towels are extremely absorbent and long-lasting.

60x80cm
10-pack

Item No. 97137499

NU SKIN® TERRY CLOTH TOWELS

Luxuriously soft and super absorbent towels.

These ultra fluffy towels will comfortably clean your skin after every application of the galvanic facial regimen.

30x30cm
10-pack

Item No. 86997542



ageLOC® Galvanic Body Trio

It's time to take the science of skin ageing one step further with a highly advanced body enhancement system. Based on ageLOC® science, the three ageLOC® Body products feature new scientific breakthroughs for smoothing and firming the skin of your body. Switch on the power and prepare to get a more youthful look.



ageLOC® FACE AND BODY ADR PACKAGE

A special ADR package that includes 2 Nu Skin Galvanic Spa System® Facial Gels with ageLOC®, 1 ageLOC® Body Shaping Gel and 1 ageLOC® Dermatic Effects.



ageLOC® GALVANIC BODY SPA

Your body optimised.

With this breakthrough technology, Nu Skin® has captured the future of body care with the ageLOC® Galvanic Body Spa. It features a proprietary ageLOC® body conductive surface and pulsating galvanic currents to optimise the beneficial effects of the selected ageLOC® Galvanic Body Spa products on the skin of the arms, abdomen and thighs. The ageLOC® Galvanic Body Spa also helps purify and refresh your skin to reduce the visible signs of ageing.

Item No. 97103972 (ageLOC® Galvanic Body Trio package includes 1 ageLOC® Galvanic Body Spa, 1 ageLOC® Body Shaping Gel and 1 ageLOC® Dermatic Effects)

ageLOC® BODY SHAPING GEL¹

For a more contoured, firmer, smoother you.

This intensive spa quality regimen minimises and helps to smooth the appearance of an orange peel look, to improve the appearance of skin's firmness and helps to improve the overall appearance of the skin. It also helps to increase cellular energy to refresh and purify the skin while reducing the visible signs of ageing.

150ml

Item No. 97003902



ageLOC® DERMATIC EFFECTS²

For a more contoured, smoother looking you.

This daily moisturising and contouring lotion helps to increase cellular turnover, which is necessary for renewing the skin and giving it its natural radiant texture. It also contains ingredients that help to diminish the appearance of cellulite while smoothing skin.

150ml

Item No. 97003903

¹For an extension of benefits, use ageLOC® Dermatic Effects after using ageLOC® Body Shaping Gel.

²Should not be used with ageLOC® Galvanic instruments.

MEASURE THE DIFFERENCE



BEFORE APPLICATION



AFTER APPLICATION¹
(Results after 6 weeks)²

¹The results achieved may not be typical and your results may vary.

²The results were achieved after using the ageLOC® Galvanic Body Spa and ageLOC® Body Shaping Gel three times a week, and the ageLOC® Dermatic Effects twice a day every day.





ADR AUTOMATIC DELIVERY
REWARDS

Save with the ageLOC® ADR packages. For more information on how to benefit from this special promotion, please ask your Distributor.



 ageLOC®

ageLOC® ELEMENTS
ageLOC® Gentle Cleanse & Tone,
ageLOC® Radiant Day SPF 22 and
ageLOC® Transforming Night
Item No. 97003887

ageLOC® TRANSFORMATION
ageLOC® Gentle Cleanse & Tone,
ageLOC® Future Serum, ageLOC®
Radiant Day SPF 22 and ageLOC®
Transforming Night
Item No. 97103774 (elements & serum)
Item No. 97003888 (transformation)

ageLOC®

Our most advanced system ever.

ageLOC® Transformation is Nu Skin®'s most powerful skin care regimen that reveals younger looking skin in **eight ways** – for a more youthful looking you. Are you ready for a true transformation?

CORE SYSTEMS

Nu Skin®'s core skin care systems are designed to meet the individual needs of your skin: our ageLOC® skin care products are comprised of our most advanced systems; Nu Skin 180® improves cell renewal; Nutricentials® products are great for sensitive skin; and Nu Skin Clear Action® fights breakouts.

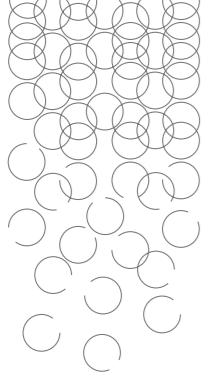
ageLOC® GENTLE CLEANSE & TONE
Gently purifies and primes skin morning and night.
This sophisticated foaming cleanser combines cleansing and toning into a single step, while providing the skin with advanced ingredients to decrease the visible signs of ageing. This luxurious formula delivers your first infusion of ageLOC® ingredients and leaves your skin feeling soft and refreshed.
60ml
Item No. 97003882

ageLOC® FUTURE SERUM
Younger looking skin in eight ways.
Powerful, scientifically tested ingredients that decrease the appearance of visible signs of ageing and stimulate youthful skin cell turnover by 85%. Patented ingredient technology promotes youthful skin structure, while increasing the production and inhibiting the breakdown of structural skin protein, thus promoting a firm skin structure. ageLOC® Future Serum – for a visibly younger appearance.
30ml
Item No. 97003883

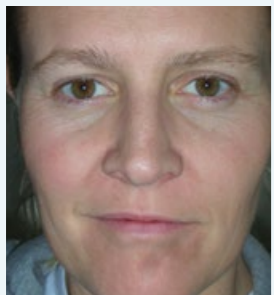
ageLOC® RADIANT DAY SPF 22
Brightens, hydrates and fortifies skin.
Contains ingredients proven to reduce the appearance of fine lines and wrinkles by 45%. Brightens, hydrates and fortifies skin with ageLOC® ingredients, while helping to protect the skin from the undesirable effects of excessive sun exposure. This lightweight daily moisturiser is excellent under makeup and stimulates cell renewal for a smoother, softer texture – delivering younger, radiant looking skin each day.
25ml
Item No. 97003904

ageLOC® TRANSFORMING NIGHT
For smoother, softer skin.
Contains ingredients proven to stimulate cell turnover by 85%¹ for smoother, softer texture. Ultra-mild ingredients mimic the skin's own structure, working with the skin's natural night-time renewal process. This sublime cream delivers superior benefits when applying every evening through ageLOC® technology that targets the sources of visible signs of skin ageing and noticeably reduce the look of fine lines, wrinkles and pore size so you wake to radiant, supple skin.
30ml
Item No. 97003880

¹ Eight-week in vitro study using Equol.
² Four-week in vitro study using bamboo extract, pea extract and glucosamine blend.



ageLOC®



BEFORE APPLICATION



AFTER APPLICATION¹
(Results after 90 days)²

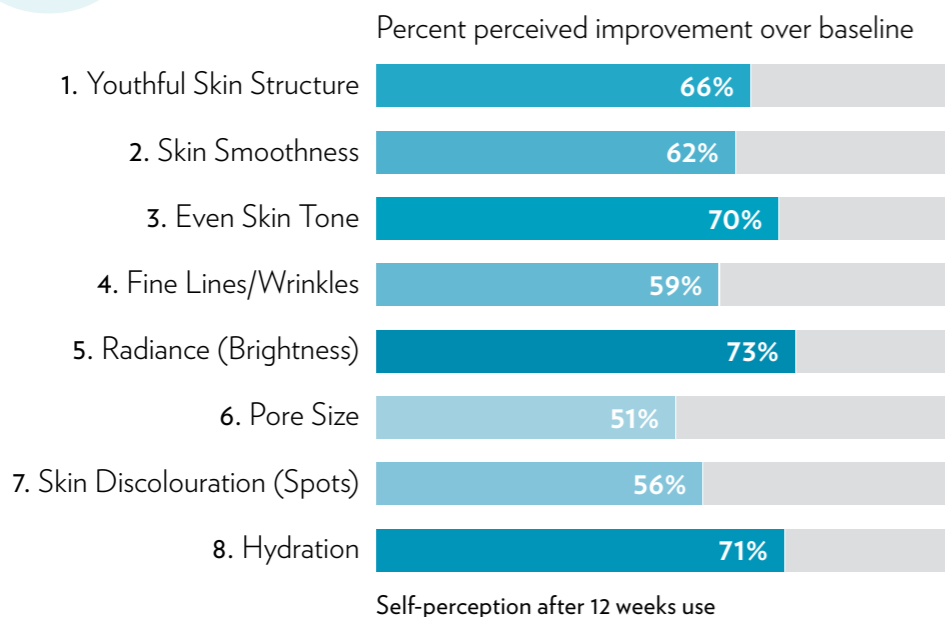
¹ The results achieved may not be typical and your results may vary.

² The results were achieved after using ageLOC® Transformation twice a day, ageLOC® Edition Nu Skin Galvanic Spa System® II and Nu Skin Galvanic Spa System® Facial Gels with ageLOC® twice per week.

Younger looking skin in 8 ways

ageLOC® Future Serum Third-Party Consumer Self-Perception Study Results*

As part of your regimen, ageLOC® Future Serum provides amazing skin benefits in **eight significant ways**:



*12-week self-perception study with 25 subjects using ageLOC® Future Serum



Save with the Nu Skin 180° Anti-Ageing System ADR package. For more information on how to benefit from this special promotion, please ask your Distributor.



NU SKIN 180° ANTI-AGEING SYSTEM

The Nu Skin 180° Anti-ageing System helps to enhance cell turnover and diminish the appearance of fine lines and wrinkles. This system consists of five products: Face Wash, Skin Mist, Cell Renewal Fluid, UV Block Hydrator and Night Complex.

Item No. 97101255

NU SKIN 180° CELL RENEWAL FLUID

Nu Skin®'s cell renewal specialist. Featuring a powerful 15% concentration of the polyhydroxy acid gluconolactone, this formula gently but effectively stimulates the cell turnover process to reveal a more youthful looking skin.

30ml

Item No. 97101250

NU SKIN 180° FACE WASH

Cleanse away the visible signs of environmental skin ageing.

Featuring 10% active vitamin C, this rich, creamy formula targets age spots and discoloration and help to support firm skin to diminish the appearance of fine lines and wrinkles.

125ml

Item No. 97101251

NU SKIN 180° UV BLOCK HYDRATOR SPF 18

Protect as you hydrate.

Formulated with light-activated photosomes, This technologically advanced product, containing avocado oil, nourishes the skin while helping it to maintain its natural barrier functions. In addition, it also provides protection of the skin against broad spectrum UVA and UVB rays.

30ml

Item No. 97101254

NU SKIN 180° SKIN MIST

Refines and tightens pores.

Featuring di- and tri-peptides from hydrolysed rice protein, this formula improves firmness and keeps skin looking smooth and radiant. Mushroom extract refines and tightens pores while exclusive, soothing HMW Complex protects skin.

100ml

Item No. 97101253

NU SKIN 180° NIGHT COMPLEX

Wake up looking younger.

This rich night-time moisturiser helps to protect the skin from oxidative stress, enhances the skin's natural barrier function resulting in a silky soft feeling.

30ml

Item No. 97101252

NU SKIN 180°

Turn your complexion around.

Gentle yet powerful, the Nu Skin 180° Anti-Ageing System is Nu Skin®'s cell renewal specialist. Featuring hydroxy acids, this advanced system targets the visible signs of ageing by enhancing your skin's natural cell renewal rate and diminishing the appearance of fine lines and wrinkles. Nu Skin 180° is your turning point for a younger looking skin.

NU SKIN 180° AHA FACIAL PEEL AND NEUTRALIZER

Wipe away dull, aged skin.

Utilising a 10% lactic acid solution, this scientifically proven formula that helps to reduce the visible signs of ageing, protects and helps to keep the skin's appearance young and fresh. Effective on its own or as part of your Nu Skin 180° System, this powerful facial peel helps stimulate cell turnover to create a smoother, younger look.

2 jars

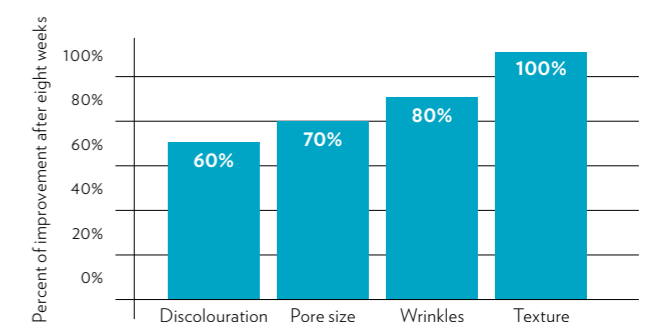
(each jar is 25ml and contains 18 pads)

Item No. 97101249



NU SKIN 180° EIGHT-WEEK REGIMEN

In a Nu Skin 180° clinical study conducted at a third-party testing lab, clinical graders assessed the skin's appearance improvements of 50 participants. After eight weeks, 100% of these participants showed some improvement in overall radiance. According to the clinical grader assessments, the percentage of participants who exhibited improvements within the individual attributes and overall radiance was as follows:





NUTRICENTIALS®

Nutricentials® products are formulated with topically applied nutrients proven to naturally enhance the healthy looking appearance of the skin. With key nutrients from the best daily diets around the world, Nutricentials® products are great for sensitive skin and help to keep skin looking healthy and radiant.



NUTRICENTIALS® COLLECTION

Normal to dry skin

Collection of six products: Creamy Cleansing Lotion, pH Balance Toner, Celltrex® Ultra*, Celltrex® CoQ10 Complete*, Moisture Restore Day SPF 15 Normal to Dry Skin and Night Supply Nourishing Cream, all presented in an attractive toiletries bag.

Item No. 97136437



NUTRICENTIALS® COLLECTION

Combination to oily skin

Collection of six products: Pure Cleansing Gel, pH Balance Mattefying Toner, Celltrex® Ultra*, Celltrex® CoQ10 Complete*, Moisture Restore Day SPF 15 Combination to Oily Skin and Night Supply Nourishing Cream, all presented in an attractive toiletries bag.

Item No. 97136438

NORMAL TO DRY SKIN RANGE

Normal to dry skin needs greater water-holding capacity. These products provide the perfect basis for your daily skin care regimen while protecting the skin's moisture barrier.

CREAMY CLEANSING LOTION

Protects the skin's moisture barrier each time you cleanse.

This gentle, soap-free cleanser thoroughly removes impurities and debris without stripping critical skin lipids.

150ml

Item No. 97110310

pH BALANCE TONER

Primes skin for hydration and nourishment.

Featuring strawberry extract, which gives skin its ideal pH while helping to diminish the appearance of pores.

150ml

Item No. 97110312

MOISTURE RESTORE DAY SPF 15 NORMAL TO DRY SKIN

Hydrates and protects skin.

Featuring colourless carotenoids, this lotion enhances the skin's resistance to the environmental conditions that may negatively impact the skin.

50ml

Item No. 97102728

NIGHT SUPPLY NOURISHING CREAM

Promotes skin flexibility and resiliency while you sleep.

This rich formula contains phosphatidylcholine, which enhances the skin's renewal process as it increases the cell membranes' flexibility and resiliency.

50ml

Item No. 97102705

COMBINATION TO OILY SKIN RANGE

Combination to oily skin needs to efficiently retain its own moisture without producing excess oils. These products help minimise shine and free pore-blocking debris while promoting skin softness.

PURE CLEANSING GEL

Deep cleans and clarifies pores.

This soap-free foaming formula contains papain, an enzyme from papaya that frees pores of excess oil and debris.

150ml

Item No. 97110309

pH BALANCE MATTEFYING TONER

Reduces shine and the appearance of pores.

Featuring strawberry extract to help pores look less noticeable and promote a radiant complexion.

150ml

Item No. 97110313

MOISTURE RESTORE DAY SPF 15 COMBINATION TO OILY SKIN

Healthy looking skin without the oil and shine.

This lotion enhances the skin's natural resistance to the environmental conditions that may negatively impact the skin and helps to control excess oil and shine.

50ml

Item No. 97102727

NIGHT SUPPLY NOURISHING CREAM

Promotes skin flexibility and resiliency while you sleep.

This rich formula contains phosphatidylcholine, which enhances the skin's renewal process as it increases the cell membranes' flexibility and resiliency.

50ml

Item No. 97102705

*See page 32 for more information on this product.

NU SKIN CLEAR ACTION® SYSTEM

Clearing beyond the breakout.

Collection of four products: Nu Skin Clear Action® Foaming Cleanser, Nu Skin Clear Action® Toner, Nu Skin Clear Action® Day Treatment and Nu Skin Clear Action® Night Treatment.

Item No. 97110391



NU SKIN CLEAR ACTION®

This comprehensive, clinically proven system will give you smoother, clearer looking skin as it fights past, present and future visible signs of breakouts. Nu Skin Clear Action® products are formulated with ingredients that deliver key benefits substantiated through clinical trials.



NU SKIN CLEAR ACTION® FOAMING CLEANSER

Deep cleaning for silky-smooth results.

Formulated to disrupt the breakout causing union of oil, bacteria and debris, this unique foaming cleanser features salicylic acid to clear pores and reduce most breakouts - leaving skin fresh and clean without feeling tight or dry.

100ml

Item No. 97110388



NU SKIN CLEAR ACTION® TONER

Keeps your complexion calm and shine free.

This advanced toner soothes angry, red skin and manages oil levels with liquorice extract (soothes irritated skin), zinc PCA (helps control sebum levels) and a special blend of vitamins C and E (replenishes the natural antioxidant supply that is lost when your skin is fighting breakouts).

150ml

Item No. 97110387



NU SKIN CLEAR ACTION® DAY TREATMENT

Multi-action for one result - clear skin!

Protects and revitalises your complexion. Mandelic acid reduces the appearance of visible signs of past breakouts as it quickly fades dark spots on the skin's surface. Salicylic acid works to penetrate pores and dissolve clogs. Combined in a lightweight gel, these two ingredients along with humectants such as gluconolactone support the skin's natural resiliency and promote a clear, even complexion, so you can face every day with confidence.

30ml

Item No. 97110389



NU SKIN CLEAR ACTION® NIGHT TREATMENT

Minimise the visible signs of breakouts while you sleep.

Featuring salicylic acid and retinol to diminish the appearance of visible remnant marks associated with past breakouts, this night time formula helps to deliver a smooth, clear, evenly toned complexion.

30ml

Item No. 97110390

HYDRATE AND REPLENISH

We all need a moisturiser that is adapted to the special needs of our skin. There are lots of different factors that influence the level of moisturisation it needs; like fluctuating temperature, pollution, etc. Nu Skin® offers a broad range of facial moisturisers from light to rich. These facial moisturisers can be added to your core daily skin regimen to help you achieve the right hydration for a healthier appearance.

LIGHT MOISTURISATION



NaPCA MOISTURE MIST

Dewy-fresh skin is just a spray away.

Packed with natural moisturising ingredients like NaPCA, hyaluronic acid and urea, this oil-free formula helps your skin to maintain a constant moisture level. The cool, refreshing mist is also ideal for the body.

250ml

Item No. 97101226



ENHANCER

A natural balancing act to soothe and hydrate.

With conditioning panthenol and soothing aloe vera, Enhancer soothes the skin and limits moisture loss. Use liberally to keep skin comfortable and support its natural moisture balance.

100ml

Item No. 97110308

MEDIUM MOISTURISATION



NaPCA MOISTURIZER

Helps skin hold on to precious moisture.

With vitamin E and the natural humectant NaPCA, this cream penetrates quickly to supplement the skin's own moisture-binding capacity. The dewy-light after-feel makes this moisturiser ideal for all skin types.

75ml

Item No. 97110257

RICH MOISTURISATION



REJUVENATING CREAM

A moisture boost for drier skin types.

Formulated to address the special needs of dry skin, this cream improves your skin's moisture-binding capabilities with the hydrating power of hyaluronic acid. Daily use not only improves moisture, but also helps to keep dryness from returning.

75ml

Item No. 97110258



MOISTURE RESTORE INTENSE MOISTURIZER

Maximum moisture for distressed skin.

Richer than Rejuvenating Cream, Moisture Restore addresses the needs of extremely dry skin. Featuring pistachio oil, aloe vera and oxidative stress fighting vitamin E, this rich moisturiser strengthens the skin's natural lipid barrier to give suppleness and plasticity to dry or flaky skin.

75ml

Item No. 97111259



INTENSIVE EYE COMPLEX

Intense moisture meets delicate skin - beautifully!

Formulated with brown seaweed to fortify the skin's natural ability to absorb and retain moisture, this cream keeps the delicate skin around the eyes properly hydrated while helping to soften the appearance of fine lines and wrinkles.

15ml

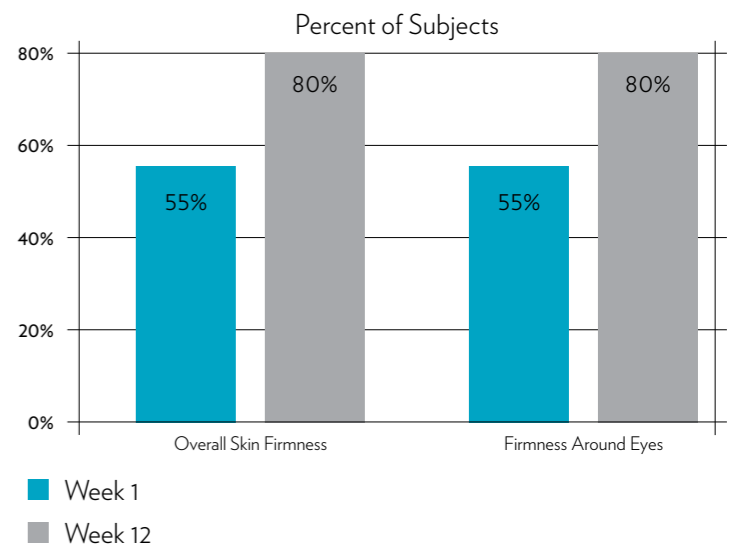
Item No. 97101233



ageLOC® TRU FACE® ESSENCE ULTRA
 Get firm with your skin!
 Nu Skin®'s firming specialist now employs ageLOC® science, to focus on the sources of the visible signs of skin ageing. Formulated with Ethocyn® and an antioxidant network, ageLOC® Tru Face® Essence Ultra promotes the key components of a firm skin and helps to protect it from oxidative stress. Featuring these key ingredients, this product will help you contour and firm your skin for a more youthful looking appearance.

60 capsules
 Item No. 97003906

ageLOC® Tru Face® Essence Ultra
 CLINICAL RESULTS



These results represent the highest response to a Tru Face® Essence product that Nu Skin® has ever seen in these time frames!

THIRD-PARTY CLINICAL STUDY
 In a clinical study, over 55% of the subjects reported improvements both in overall firmness and firmness around the eyes in as little as one week. By week 12, an impressive 80% of subjects were showing improvements in these same areas.

TRU FACE®

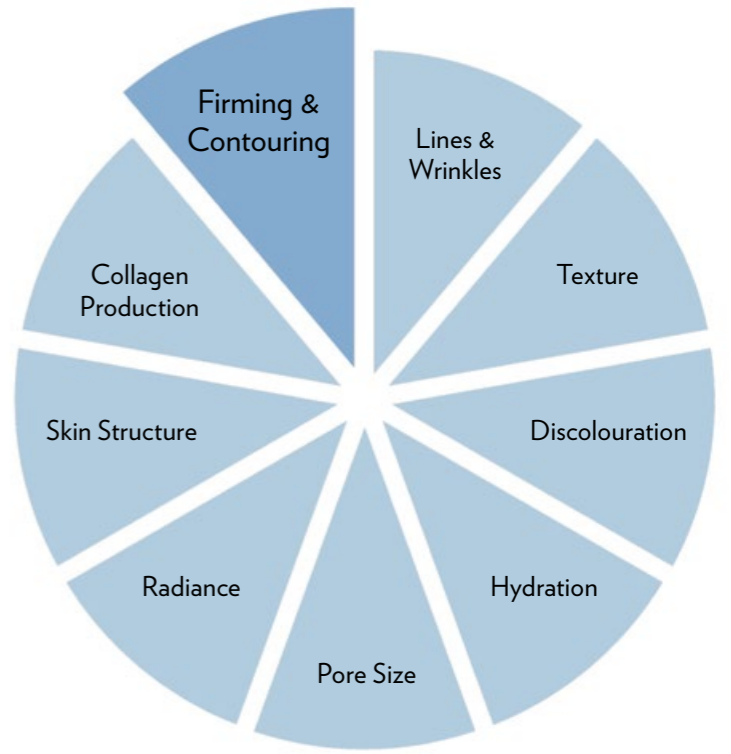
By adding Nu Skin® Tru Face® products to your core regimen, you can enhance the benefits of daily maintenance, targeting the visible effects of ageing to keep your skin looking smooth, supple and even-toned.

TARGETED SOLUTIONS

Developed with leading research institutions, Nu Skin® targeted solutions contain cutting-edge formulas to complement your core system and diminish the visible signs of skin ageing, stress and environmental exposure to enhance a healthy looking, youthful appearance.



The missing link in your daily ageLOC® facial regimen





**TRU FACE®
INSTANT LINE CORRECTOR**

Instant correction of the appearance of fine lines and wrinkles.

This powerful cream fills and relaxes facial lines, immediately reducing the appearance of lines and wrinkles for up to 12 hours, reducing the effects of years of habitual facial movements.

15ml

Item No. 97101257



TRU FACE® IDEALEYES

Let your eyes show a younger you.

Scientifically formulated to offer both short and long-term benefits, this eye refining cream transforms your sensitive under eye area from dark, puffy and aged to radiant, firm and youthful.

15ml

Item No. 97101241



TRU FACE® REVEALING GEL¹
Fight the visible signs of skin ageing.

Featuring polyhydroxy acids – as effective as traditional alpha hydroxy acids – this advanced gel helps to stimulate cell turnover to improve your skin tone and texture, enhance skin brightness and refine pore size. Great for sensitive skin.

30ml

Item No. 97101213



TRU FACE® SKIN PERFECTING GEL

Combats early visible signs of environmental skin ageing.

This gel supports the synthesis of structural skin components with Kelpadellie – marine algae that is milder to skin than retinol.

30ml

Item No. 97102698

¹For additional skin smoothing benefits, use with Polishing Peel (p. 33).



TRU FACE® LINE CORRECTOR

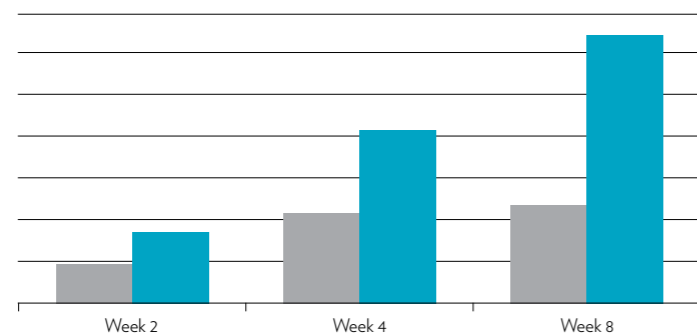
Smooths the appearance of lines with the power of peptides.

This advanced formula features a revolutionary procollagen peptides that helps to minimise the appearance of moderate to deep lines around your mouth, eyes and forehead.

30ml

Item No. 97102704

SELECT



■ Crow's feet using Tru Face® Line Corrector only.
■ Crow's feet using Tru Face® Line Corrector with the Nu Skin Galvanic Spa System® II instrument.

²Eight weeks third-party study with 40 subjects using the Tru Face® Line Corrector with the Nu Skin Galvanic Spa System® II instrument, 2008.

THIRD-PARTY CLINICAL STUDY

In a 8 weeks third-party study² with 40 subjects, dermatological grading showed that using the Nu Skin Galvanic Spa System® II instrument with Tru Face® Line Corrector improved the appearance of the following key areas of the facial skin:

- Fine Lines: 20%
- Crow's Feet: 21%
- Tautness: 17%



TRU FACE® PRIMING SOLUTION

Prime your skin for more youthful results.

Featuring a blend of amino acids, this primer optimises the benefits of Tru Face® products and supplies skin-essential protein building blocks.

125ml

Item No. 97101232



NU SKIN® POUCH

An elegant way to stay organised throughout the year.

Item No. 86998694



NU SKIN® TOILETRY BAG

Store all your products in this elegant, timeless toiletry bag. The functional, yet stylish design boasts multiple interior pockets for easy access to all your essentials.

Item No. 86998695

ENVIRONMENTAL DEFENCE

Antioxidant-rich nourishing serums and advanced sunscreen ingredients protect and replenish with benefits for vibrant, healthy looking skin.



EXFOLIANT SCRUB

A kinder, gentler touch for smooth results.

With natural marine diatoms (fossilised algae), this gentle scrub smooths the skin's surface by releasing dead cell build-up and pore-blocking impurities.

100ml

Item No. 97102707

POLISHING PEEL

Microdermabrasion at home.

Clinically proven to provide results similar to a professional microdermabrasion session, this advanced formula features pumpkin enzyme to dissolve dead cell build-up and bentonite clay to remove toxins for a polished, smooth appearance.

50ml

Item No. 97101215

CREAMY HYDRATING MASQUE

An oasis for dry skin.

Featuring saccharide isomerate – a hydration magnet – and cactus and pine cone extracts, this rich formula soothes dry or sensitive skin by helping to bind moisture to the skin.

100ml

Item No. 97102711

PEELS, MASKS AND SCRUBS

Nu Skin® peels, masks and scrubs rejuvenate dull, tired skin by drawing out impurities, removing dulling cell build-up and promoting cell renewal. These invigorating formulas will make you look and feel fantastic.



CELLTRET[®] CoQ10 COMPLETE

A powerful network of antioxidant benefits.

Featuring CoQ10 and a complete antioxidant network, this technology promotes cellular energy production, allowing your skin to rebound beautifully from daily oxidative stress for a radiant, more youthful appearance.

15ml

Item No. 97131809



CELLTRET[®] ULTRA

The ultimate oxidative stress combatant and moisturiser.

Featuring olive oil and vitamins A and E. This nourishing serum soothes and protects the skin from the visible effects of oxidative stress.

15ml

Item No. 97102700



SUNRIGHT[®] 35 & SUNRIGHT[®] 50

High UVA/UVB protection.

Excessive sun exposure can have damaging visible consequences, including premature appearance of the visible signs of skin ageing. These water-resistant, non-greasy formulas are especially designed to promote youthful looking skin by providing protection from the sun's harmful rays.

100ml

Item No. 97001344 SUNRIGHT[®] 35
97001345 SUNRIGHT[®] 50



SUNRIGHT[®] LIP BALM 15

Protect and moisture.

Protect your lips and help them look and feel smooth. The Sunright[®] formula guards your lips against chapping and protects them from sun damage.

4.2g

Item No. 97110369



NU SKIN[®] HEAD BAND

Keep your hair away from your face, while you carry out your skin care regime.

One size

Item No. 97136313



FAN LIFT BRUSH

Created specifically for easy mixing and even application of Face Lift Powder and Activator.

Pack of 3

Item No. 00000265



FACE LIFT POWDER & ACTIVATOR

Look your best instantly.

Face Lift Powder and Activator goes to work immediately, temporarily lifting, firming and toning your skin while reducing the appearance of lines and wrinkles.

Face Lift Powder and Activator must be used together but can be purchased separately.

Powder only 75g
Activator only 125ml

Item No. 97136991 (Powder and Activator)
97110266 (Powder only)
97110267 (Activator only)



NU SKIN[®] AQUAPOP[™] TOWELETTES

These ultra-soft cloths offer you superior cleansing, makeup removal or simply to clean your hands, leaving you with a refreshed feeling while giving you all the care and pampering your skin needs.

100 pieces

Item No. 86998039



BODY CARE

Nu Skin® body care products contain ingredients designed to nourish, condition and soothe. With these advanced formulations, every inch of you will feel divine – day and night.



BODY SMOOTHER

Seal in moisture, lock in softness.

Immediately after showering or bathing, smooth this quick-absorbing lotion on your slightly damp skin to lock in moisture, limit tightness and nourish skin with aloe vera, algae extract and vitamins A and E.

250ml

Item No. 97101239

LIQUID BODY LUFRA

Give your skin a healthy, polished look and feel.

All-over body exfoliant featuring finely ground walnut shells to buff out rough spots on the skin of your elbows, back of arms, knees, heels and all over. This exfoliating formula revitalises and smoothes skin, giving it a luminous glow.

250ml

Item No. 97102717

BODY BAR

A bestseller that leaves the skin fresh and clean.

Great for the entire family, this soap-free body bar gently washes away dirt and impurities, leaving the skin fresh and clean. With a light grapefruit scent and soothing aloe vera, this body bar is a bathroom staple.

100g bar

Item No. 97110353

5-pack

Item No. 97110354

LIQUID BODY BAR

A refreshing and soothing experience.

Featuring a unique blend of humectants to drench your skin with conditioning moisture, this soap-free formula gently cleanses the skin and protects its moisture barrier while awakening the senses with a refreshing grapefruit scent.

250ml

Item No. 97101216



BODY CLEANSING GEL

Deep cleanser for daily body care.

Enriched with aloe vera to help keep skin soft and comfortable, this soap-free gel cleanses and conditions skin.

250ml

Item No. 97101223

500ml

Item No. 97101224

PERENNIAL®

Survival strategy for healthy looking skin.

The first all-over moisturiser to contain IBR-Dormin® – protects skin, provides resiliency and increases cellular durability – this fragrance-free formula helps skin remain soft and healthy looking all year round.

250ml

Item No. 97100875

HAND LOTION

The ideal solution for dry hands.

When your hands need quick relief from dryness without a greasy or sticky feeling, reach for Hand Lotion. Skin drinks in this light lotion, so your hands are left soft and hydrated.

125ml

Item No. 97110329



SINK SIDE SET

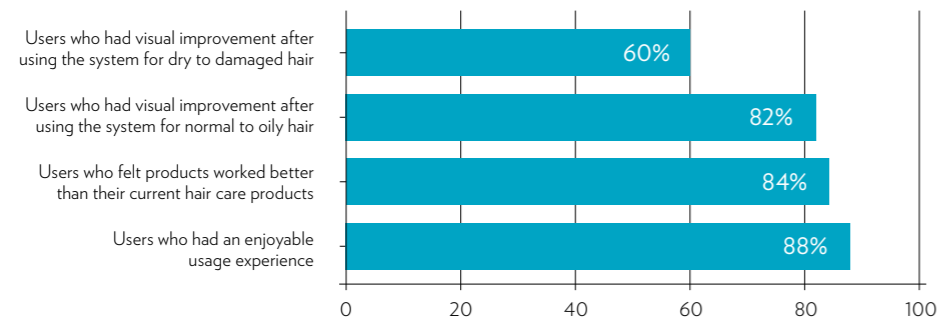
Welcome your guests to an unequalled hand washing experience with this elegant and inviting Sink Side Set. The stylish and elegant sink side stand, allows you to cut the clutter and display your toiletries in style. A true eye-catcher for your bathroom. Products are not included.

Item No. 86998699



HAIR CARE

Transform the condition of your lifeless locks in just seven days with Nu Skin® Hair Care. With regular use, these scientifically advanced products correct and protect your hair from mechanical, environmental and biological aggressors – giving you visibly younger, healthier looking hair.



*Based on results from a consumer use study in which 42 participants volunteered to use a complete set of the Nu Skin® Hair Care products for seven days. Caucasian and Asian participants between the ages of 18-64 and with medium to long hair were selected and randomly assigned to use a pair of shampoo and conditioner every day and the weekly conditioning regimen once within the week.

NU SKIN® HAIR CARE CONSUMER USE STUDY*

Formulated with scientifically proven technologies and tested and proven to get visible results, Nu Skin® Hair Care improves the condition of your hair by smoothing the cuticle for increased strength, shine and manageability.



BALANCING SHAMPOO

Just the right balance of cleansing and moisturising.

Some shampoos strip away natural moisture, leaving hair dry, exposed and dull. Nu Skin® Balancing Shampoo gently removes impurities, returning the look of youthful strength and health to your hair.

250ml

Item No. 97101351



MOISTURIZING SHAMPOO

An oasis for overworked tresses.

If overheating, over-treating and over-colouring have left your hair looking dull and feeling weak, quench your hair's deep thirst with Nu Skin® Moisturizing Shampoo. Featuring cotton bloom extract, natural sterols and shea butter, this nourishing cleanser gives strength to the cortex for visibly more radiant and replenished hair.

250ml

Item No. 97101350



CLARIFYING SHAMPOO

Reveal clean, shiny, manageable hair.

Formulated with shea butter seedcake extract, Nu Skin® Clarifying Shampoo attaches to build-up – including nicotine, chlorine and environmental pollutants – and washes away the visible signs of ageing. Your hair will feel clean, shiny and manageable after one wash and it will look stronger and healthier.

250ml

Item No. 97101352



RICH CONDITIONER

Indulge in a youthful shine.

Developed with a low pH to seal the hair cuticle for increased moisture retention, Nu Skin® Rich Conditioner contains shea butter to drench the hair with lipids that mimic natural oils. And meadowfoam repairs damage and protects from breaking and weakening, so your hair behaves, feels and looks like younger, shinier hair.

250ml

Item No. 97101354



WEIGHTLESS CONDITIONER

All the conditioning without the weight.

Featuring meadowfoam complex to repair damage and amino acids to maximise manageability, Nu Skin® Weightless Conditioner gives you luscious conditioning without dragging your hair down. This unique formula improves the condition of the hair shaft, promoting younger looking hair that feels full and looks radiant.

250ml

Item No. 97101353



RENU HAIR MASK

Lock in lustre all week long.

Nu Skin® ReNu Hair Mask provides critical hydration by penetrating the hair shaft and strengthening damaged hair. Featuring CS7, an innovative cuticle smoothing agent that acts as cuticle glue to seal and strengthen each cuticle, this mask prevents split ends and breakage, making hair smooth, shiny and manageable.

100g

Item No. 97101356



NU SKIN® TRAVEL SET

Bring your favourite Nu Skin® products with you.

Whether you are travelling for business or pleasure, this handy set makes it easy to take your favourite Nu Skin® products with you. With four 75ml bottles and a spray nozzle made from high quality material, this convenient space-saving travel solution fits perfectly into your bag.

5 pieces

Item No. 86998186



DIVIDENDS® SHAVE CREAM
Cleanses, exfoliates and conditions as you shave.

The concentrated lather of this unique, rich shaving cream gently removes dirt and oil and optimises razor glide for a clean, smooth shave that makes your skin look and feel great.

200g

Item No. 97101456

DIVIDENDS® AFTERSHAVE BALM
Extends the results of your morning shave.

This lightweight balm makes facial hair appear softer, finer and less noticeable, so the results of your morning shave last longer. Also decreases razor bumps and cools while soothing the skin.

50ml

Item No. 97101457



NU SKIN® TOILETRY BAG

Organise your toiletries in this convenient toiletry bag. It features two spacious compartments with secure zippered closures. The durable nylon exterior protects from the routine wear and tear that comes with travelling.

Item No. 86995819

MEN

Get more from your morning routine. Nu Skin® for Men Dividends® delivers extra skin care benefits without adding extra hassle.

AP-24® ORAL CARE COLLECTION

Your plan of action for a refreshed mouth.

This collection includes 2 Anti-Plaque Fluoride Toothpastes, 2 Whitening Fluoride Toothpastes, 2 packs of 3 Anti-Plaque Toothbrushes and 1 Anti-Plaque Breath Spray, presented in an easy to carry clear toiletries bag.

Item No. 97136144



ORAL CARE

Featuring a patented plaque fighter and proprietary formulas, AP-24® products provide advanced oral health care – giving your mouth a fresh feeling while providing anti-plaque protection 24 hours a day.



AP-24® ANTI-PLAQUE BREATH SPRAY

On-the-go convenience that freshens.

Just a few sprays create a clean, just-brushed sensation anytime you need it, offering protection from plaque at the same time.

30ml

Item No. 97111154



AP-24® WHITENING FLUORIDE TOOTHPASTE

Whiter, cleaner teeth in one dazzling formula.

This advanced toothpaste lightens teeth without peroxide while helping to decrease cavities and plaque formation.

110g

Item No. 97111155



AP-24® ANTI-PLAQUE FLUORIDE TOOTHPASTE

A plaque fighter with refreshing zing. This cavity fighting formula helps fight plaque and refreshes breath with vanilla mint flavouring.

170g

Item No. 97111151



AP-24® ANTI-PLAQUE TOOTHBRUSH

Toothbrush for the whole family. This specially designed toothbrush was engineered to effectively remove plaque while gently cleansing your gums.

3-pack

Item No. 97111377





EPOCH® SOLE SOLUTION®

Enhances healthy looking heels, toes and soles.

For those who need more than a moisturiser, Sole Solution® helps to give you smooth, healthy looking feet. Featuring crushed allspice berry (*Pimenta dioica*) – traditionally used by people of Central America to soothe the feet of persistent dryness on the heels.

125ml

Item No. 97101220



EPOCH® ICEDANCER

Refresh and tonify the skin of your legs.

When you have been on your feet all day, soothe the skin on your legs with this alcohol-free gel, formulated with natural wild mint (*Mentha arvensis*), used by Native American tribes for its soothing properties. With a combination of horse chestnut, eucalyptus and peppermint oil, this clear cooling formula can be applied right over stockings to quickly tonify your legs.

100ml

Item No. 97102803



EPOCH® FIREWALKER®

Soothes feet.

Formulated with Hawaiian ti plant extract (*Cordyline terminalis*) – traditionally used by Polynesian firewalkers to absorb heat and to cool and soothe the skin, this ethnobotanical cream calms the skin of the feet. Babassu oil (*Orbignya phalerata*) provides the perfect amount of moisturisation.

100ml

Item No. 97110826



EPOCH® BAOBAB BODY BUTTER

Quench your skin's thirst.

This deliciously rich cream quenches your skin's thirst with shea butter macadamia nut oil and the fruit of the African baobab tree. These time-tested ethnobotanicals promote smooth, supple skin that stays touchably soft all day, helping to enhance skin resiliency.

125g

Item No. 97102781

FACE AND BODY

Incorporating some of nature's most distinct ingredients, Epoch® face and body formulas contain skin beneficial botanicals that soothe and condition.

EPOCH®



Nu Skin® partnered with award-winning ethnobotanists to create the Epoch® product line. Designed in balance with nature, Epoch® features efficacious plant wisdom from indigenous cultures. Experience Epoch® and discover a pure, new way of caring for your body and the world around you.*

*Nu Skin® donates US\$0.25 from each Epoch® product sale to the Nu Skin Force for Good Foundation® – giving back to the communities that share their wisdom with us.



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MALAWI SEEDS OF HOPE PROJECT

What goes around comes around, because US\$0.25 from every Epoch® Baobab Body Butter sale will be donated to the Nu Skin Force for Good Foundation® for the Malawi Seeds of Hope project. Life would be insupportable in some parts of Africa without the baobab tree. One baobab tree can store as much as 120,000 litres of water in its swollen trunk. During the dry season, these living reservoirs provide water and nourishment to the communities that surround them – keeping these communities alive.

The Malawi Seeds of Hope reforestation initiative focuses on planting and conserving trees, including the baobab, in local villages, providing and protecting precious resources for the people of Malawi.

For more information, please visit www.forceforgood.org





EPOCH® EVERGLIDE
Soothe your skin while you shave. You will enjoy a smooth, close, comfortable shave with Everglide. Features mullein, a botanical used by Southwest Native Americans for its soothing properties.

125g
Item No. 97110805



EPOCH® HAND PURIFIER*
Cleanses hands on the go. Containing lavender, used in Europe for its cleansing effects, Hand Purifier cleanses and helps fight germs and bacteria.

100ml
*Includes a 15ml refillable unit.
Item No. 97110835



EPOCH® GLACIAL MARINE MUD®
Draw out the bad, reveal the good. Extract impurities, remove dead skin cells and nurture skin with a substantial matrix of beneficial components and trace elements. Legend has it that indigenous people may have tried to make pottery from this special mud. They were unsuccessful because of its fine particle size, but noticed their hands were softer and smoother.

200g
Item No. 97110809



EPOCH® DEODORANT
Delivers a natural approach to freshness. Featuring *Citrus aurantium amara*, this underarm formula glides on easily and soothes skin.

50g
Item No. 97110802



EPOCH® AVA PUHI MONI ANTI-DANDRUFF SHAMPOO
Fights dandruff on a daily basis.

This botanical shampoo is formulated with clematis leaves – used traditionally by Native Americans to improve dry, flaking skin. This daily shampoo contains Ava puhi moni to keep hair soft and silky and has a fresh, clean scent.

250ml
Item No. 97102810

EPOCH® AVA PUHI MONI CONDITIONER
Hair made in paradise.

This ethnobotanical conditioner is formulated to keep hair looking shiny, healthy and beautiful. Perfect for use with Ava puhi moni Anti-Dandruff Shampoo.

250ml
Item No. 97102812

EPOCH® AVA PUHI MONI SHAMPOO & LIGHT CONDITIONER
Cleanses and hydrates hair.

Two products in one, this rich ethnobotanical shampoo and light conditioner gently cleanses and hydrates, leaving your hair clean, vibrant and lustrous.

250ml
Item No. 97102811



Ava puhi nectar used in Ava puhi moni products.

EPOCH® FORCE FOR GOOD COLLECTION
Care for your skin and the world around you. Collection of six Epoch® products: Sole Solution®, Glacial Marine Mud®, Baobab Body Butter, IceDancer®, Firewalker® and Ava puhi moni Shampoo and Light Conditioner, all presented in a reusable African motif box.

Item No. 97137347

SCHOOL OF AGRICULTURE FOR FAMILY INDEPENDENCE (SAFI)
SAFI is focused on helping the people of Malawi learn better agricultural techniques, such as farming, drip irrigation, forest conservation and much, much more. The Mtalimanja Village, which welcomed the first group of Malawian farmers and their families in September 2007, is the most ambitious, far-reaching project Nu Skin® has ever undertaken to help the people in Malawi – not just for a season or a year, but for generations to come. By purchasing the Epoch® Force for Good Collection, in addition to the US\$0.25 donated to the Nu Skin® Force for Good Foundation® from each Epoch® product sold, Nu Skin® will donate €4 to the SAFI project.

For more information, please visit www.forceforgood.org



EPOCH® BLEMISH TREATMENT
Improve the appearance of breakouts. Blemish Treatment combines proven pore-clearing ingredients with Job's tears, used historically in Asia to reduce the appearance of redness.

15ml
Item No. 97110845



EPOCH® POLISHING BAR
Polishes your skin while you cleanse. Containing Glacial Marine Mud® and *tsuga heterophylla* (ground bark) – used by Native Americans of the Pacific Northwest to exfoliate skin – this soap-free cleanser helps to remove impurities and excess oil.

100g
Item No. 97110803

HAIR

Ava puhi moni shampoo and conditioner.

For generations, Polynesians have squeezed nectar from the Ava puhi bulb directly onto their hair to cleanse and condition it. With Epoch®, now you can experience the conditioning, smoothing and shine enhancing benefits of Ava puhi moni.



EPOCH® BABY HIBISCUS HAIR & BODY WASH
No tears – just bath-time smiles.

This tearless wash contains hibiscus flower extract, used by traditional cultures in Southeast Asia and Central America to help moisturise and maintain a healthy looking scalp while cleansing the skin and hair. Dispenses conveniently from a one-hand, easy to use foamer.

150ml
Item No. 97102897





EPOCH® PEPPERMINT

Mentha piperita

Dive into the refreshing, sharp aroma of Epoch® Peppermint Essential Oil, it will provide you with an exhilarating sensation while creating a positive and refreshing feeling.

15ml



Item No. 97001521



EPOCH® LAVENDER

Lavandula angustifolia

The natural, floral aroma of this oil provides a sense of tranquillity. Connect with yourself and enjoy this relaxing moment, even on the busiest day with our Epoch® Lavender.

15ml



Item No. 97001522



EPOCH® LEMON

Citrus limon

Epoch® Lemon gives you a feeling of crisp freshness that will surprise and delight your senses. This oil can also be used to remove unwanted odours, for a real garden-fresh feeling.

15ml



Item No. 97001523



EPOCH® HARMONY

Cinnamon Clove Blend

Epoch® Harmony is a potent blend of cinnamon and clove. Thanks to its powerful aromas this blend is a nice combination of scents to enjoy, for a warm, cosy feeling.

15ml



Item No. 97001524



EPOCH® CHILL

Eucalyptus Pine Blend

The potent aroma of Epoch® Chill comes from eucalyptol, a naturally forming plant chemical. Eucalyptol has a fresh camphor-like smell, for a feeling of easy breathing and a cooling sensation.

15ml



Item No. 97001526



EPOCH® SUNSHINE

Citrus Mint Blend

Enjoy the zest of Epoch® Sunshine, a balanced blend of citrus and mint essential oils. This exotic combination will make you feel refreshed, a perfect everyday start-up.

15ml



Item No. 97001525



EPOCH® DIFFUSER

The ultrasonic Epoch® Diffuser vibrates to instantly vaporise water and essential oil into an ultra-fine mist. With its customisable look and small size, it perfectly and easily fits into the different rooms of your home.

Dimensions: Ø 13.6 x H 14 cm

Item No. 86991440



EPOCH® AROMATIC STONE

Enjoy your favourite Epoch® Essential Oils wherever you go and whenever you want in a natural way. The compact box where the aromatic stone is placed makes it easy and discreet to use.

Dimensions: Ø 5 x H 2 cm

Item No. 86998688

EPOCH® ESSENTIAL OILS

Connect with your senses.

Amid the rigors of a modern lifestyle, Nu Skin® delivers Epoch® Essential Oils, ethnobotanical solutions that enhance human interactions and create sensory experiences with the natural world. Single oils and blends provide a variety of expressive aromas and solutions that uplift any routine or occasion.



EPOCH® PEACE

Lavender Bergamot Blend

Pamper yourself and regain your balance. The intense smell of Epoch® Peace will make you feel so at ease. Perfect to end your day feeling completely at ease and relaxed. Use in diffusion or enjoy on your skin after mixing* it with Epoch® Topical Blending Oil.

15ml



Item No. 97001527



EPOCH® MOVE

Wintergreen Juniper Blend

Epoch® Move is an invigorating topical blend used to give your skin a cooling sensation. It will leave your skin with a fresh smell afterwards, making you feel refreshed and invigorated.

Mix* with Epoch® Topical Blending Oil before applying to your skin.

15ml



Item No. 97001529



EPOCH® TOPICAL BLENDING OIL

This silky mixture with a mild texture is derived from natural coconut, palm and soy oils. Non-greasy and non-sticky, it provides your skin with a softening and smooth feeling. It absorbs quickly into the skin without blocking pores.

To use as a carrier oil for mixing* Epoch® Peace or Epoch® Move, for cosmetic use.

118ml



Item No. 97001528



TOPICAL BLENDING SET

This set is the ideal accessory for mixing the Epoch® Topical Blending Oil with Epoch® Peace and Epoch® Move before applying it to the skin. It comes with a handy pouch, which provides you a great storage place for your oils.

Item No. 97138803



EPOCH® DISCOVERY

Begin your essential oils journey with Epoch Discovery, containing 1 Epoch Lemon, 1 Epoch Peppermint, 1 Epoch Lavender and 1 Epoch Aromatic Stone.



Item No. 97138689



EPOCH® EXPERIENCE

Enjoy these uplifting aromas: 1 Epoch® Harmony, 1 Epoch® Chill, 1 Epoch® Sunshine, 1 Epoch® Peace, thanks to 1 Epoch® Diffuser and 1 Epoch® Aromatic Stone and learn about them with the Epoch Essential Oils Brochure that is included.



Item No. 97138690
97138748: BE
97138749: CH
97138750: LU
97138751: GB, IE



EPOCH® COMBINATION SET FOR BODY OIL

Enjoy the topical use of Epoch® Essential Oils with the Combination Set for body oil containing 1 Epoch® Peace, 1 Epoch Move and 1 Epoch® Topical Blending Oil. The uplifting aroma will whisk you off on a tropical sensory adventure, while application of the product will leave your skin feeling like silk with an incredible softness and sheen.



Item No. 97001520

*Please refer to the instructions for use on the product label before using.



NU COLOUR®

Blended with the best of skin care science, this colour line enhances and illuminates your natural beauty – bringing the best of Nu Skin® to colour. An extension to good skin care, Nu Colour® cosmetics protect, correct and improve, helping you to achieve the best looking, most natural you.



CUSTOM COLOUR MOISTURSHADE WET/DRY PRESSED POWDER¹

Two finishes in one for flawless coverage.

This versatile, long-wearing powder acts as a silky finishing powder by day and a beautiful matte foundation by evening. Apply dry to set makeup and reduce shine or sponge on damp for maximum coverage and a flawless finish.

11.3g

Please see chart for item number.

¹ Compact sold separately.

CUSTOM COLOUR MOISTURSHADE WET/DRY PRESSED POWDER COMPACT²

Insert your preferred shade of Custom Colour MoisturShade Wet/Dry Pressed Powder into this convenient compact. Features a mirror and wet/dry applicator sponge.

1 piece

Item No. 97101211

² Colour refills sold separately.



ADVANCED LIQUID FINISH FINISH SPF 15

Soft, radiant colour.

A medium-coverage formula for a matte, flawless finish, reducing the appearance of skin redness and dullness. Featuring SPF 15, which helps to protect your skin from the undesirable effects of excessive sun exposure and anti-ageing ingredients that help lessen the appearance of fine lines and wrinkles for a luminous look.

30ml

Please see chart for item number.



ADVANCED TINTED MOISTURIZER SPF 15

So sheer, so natural, so beautiful.

A moisturiser that gives you a radiant and lightweight coverage to reflect your natural skin tone. In addition, it is packed with anti-ageing ingredients, an SPF factor and colour correcting (CC) effects. With these anti-ageing ingredients, you are armed to help reduce the appearance of fine lines and wrinkles, the SPF will help to protect your skin from the undesirable effects of excessive sun exposure.

40ml

Please see chart for item number.

COMPLEXION

By marrying the latest technology with ingredients that are weightless and pure, Nu Skin® has produced a collection of products that will define and highlight your natural beauty.



CONCEALER

What flaws?

Superior polymer technology creates a solid cream concealer that weightlessly offers long-lasting, buildable coverage. Supplements skin with beneficial vitamins and botanicals.

2.65g

Please see chart for item number.

Advanced Tinted Moisturizer SPF 15	Fair 97161113	Sand 97161114	Honey 97161115	Medium Beige 97161140
Advanced Liquid Finish SPF 15	Almond 97160857	Pink Ochre 97160865	Sunset Beige 97160858	
	Honey Beige 97160861	Medium Ochre 97160866	Tawny 97160859	Mocha 97160860
Concealer	Light 97161301	Medium 97161303	Tan 97161304	
Custom Colour MoisturShade Wet/Dry Pressed Powder	COOL		WARM	
	Porcelain Beige 97160402	Vanilla Beige 97160403	Buffed Ivory 97160405	Soft Amber 97160407



BRONZING PEARLS

Bronze it up with a simple sweep.

Featuring silky, pearlised powder spheres in a blend of five different shades, these are the perfect touch for any complexion. Brush on to add a hint of sun-kissed radiance for a healthy looking, vibrant glow.

30g

Item No. 97161501

BRONZING BRUSH

Use with Nu Colour® Bronzing Pearls for a glowing complexion.

1 piece

Item No. 97123467



FINISHING POWDER

Lock in your look.

This ultra-sheer loose powder helps to set foundation and blush to create a flawless, natural finish – and it won't crease or cake.

30g

Item No. 97161201



NU COLOUR® COSMETIC BAG

Made of micro-fibre and includes brown leather accents, this stylish case conceals a well-structured cosmetic bag.

1 piece

Item No. 86997544



CUSTOM COLOUR DESIRED EFFECTS EYE SHADOW

COOL		WARM		NEUTRAL
Smoke 97160221	Shell 97160202	French Vanilla 97160211	Espresso 97160217	Pearl Green 97160218
Slate Grey 97160220	Azalea Pink 97160205	Sandy Gold 97160215		

CUSTOM COLOUR DESIRED EFFECTS EYE SHADOW¹

The gorgeous eyes you were meant to have.

Featuring jojoba and micro-powders for a smooth, easy to blend texture, this fade and crease resistant formula is available in a range of customisable, velvety-soft shades.

1,7g

Please see chart for item number.

¹ Compact sold separately.

CUSTOM COLOUR DESIRED EFFECTS EYE SHADOW COMPACT²

Create your own look by pairing your favourite Custom Colour Desired Effects Eye Shadow shades in this convenient compact.

1 piece

Item No. 97102756

² Colour refills sold separately.



DEFINING EFFECTS SMOOTH EYE LINER



WARM NEUTRAL

DEFINING EFFECTS SMOOTH EYE LINER

Eye definition has never been so velvety smooth.

This gentle, creamy formula glides right on, smooth and easy, giving you complete control to achieve any makeup effect: fine, precise lines; softly blended lines; or a smoky, smudged, evening look.

1.13g

Please see chart for item number.

EYES & LIPS

Explore our line of natural, long-wearing products for your eyes and lips. They will flatter any look in seconds.



CONTOURING LIP GLOSS

Gloss your way to fuller, more youthful looking lips.

These ultra shiny, long-wearing lip glosses feature an oligopeptide to define and contour the lips, focusing on the 'cupid' bows. This peptide helps you achieve the full, shapely and youthful looking lips you desire. Wear alone or over your favourite shade of Nu Colour® Replenishing Lipstick.

15ml

Item No. 97160905 Nu Colour Lip Gloss Tender Beige
97160904 Nu Colour Lip Gloss Sweet Pink
97160902 Nu Colour Lip Gloss Crystal Clear



COOL		WARM	
Petal Pink 97160102	Antique Rose 97160105	Champagne Kisses 97160112	Brandy 97160114
Flushed 97160106	Berry Glaze 97160108	Cha Cha Red 97160119	Sunset 97160115

REPLENISHING LIPSTICK

Irresistible, younger looking lips.

This velvety smooth lipstick enhances the appearance of your lips with rich, non-feathering colour and the added protection of olive oil. This ingredient provides powerful antioxidant, tissue-nurturing benefits for smooth, youthful looking lips.

4g

Please see chart for item number.



CURLING MASCARA BLACK

Get long lasting curling power

Look alive and bright-eyed everyday with this advanced mascara. Its lightly curved wand enhances the natural curl of your lash and makes application a breeze.

9g

Item No. 97102851



NUTRIOL® EYELASH TREATMENT

Indulge your lashes

With Nu Colour® Nutriol® Eyelash Treatment, thicker, stronger lashes are just a stroke away. This clear gel strengthens delicate lashes from roots to tips. Perfect to wear alone or under Nu Colour® Curling Mascara. This conditioning formula is the ultimate in lash care.

9g

Item No. 97161801



NU SKIN® MIRROR

This slim line, compact mirror is encased in a resilient plastic case to bring it anywhere you go.

1 piece

Item No. 97102774



COSMETIC BRUSH SET

This six-piece high-quality brush set is designed to give you perfect application for any look you choose. Its pearlescent white handle is stylised with beautiful brushed gold accents.

6 pieces

Item No. 97136722



FROM THE INSIDE OUT

In addition to helping you look your best, we are committed to optimising the way you feel. Pharmanex® offers a complete approach, with food supplements formulated to nourish and protect your body. With dedicated scientists and affiliations with scientific institutions around the world, our research and development engine produces innovative products.



NUTRITIONALS

Customised products.

Pharmanex® has created comprehensive supplements that provide the body with good levels of interesting vitamins and minerals. It is important to have a varied and balanced diet, and a healthy lifestyle.



LIFEPAK®+

Staying healthy throughout one's life begins with eating right. There is a growing number of scientific evidence demonstrating the health benefits of specific nutrients. A healthy diet needs to have a balance of macronutrients (fats, proteins and carbohydrates) and micronutrients (vitamins and minerals) to meet the needs for human nutrition.

LifePak®+ will bring you a significant amount of the required vitamins and minerals that will target nine important functions of your body.

60 sachets containing 4 tablets

Item No. 85343742: FI, SE, NO
85433743: CZ, GB, HU, NL
85883742: AT, BE, CH, DE, FR, IT, LU
85893742: DK, ES, IE, IS, PL
85833742: PT, RO, SK

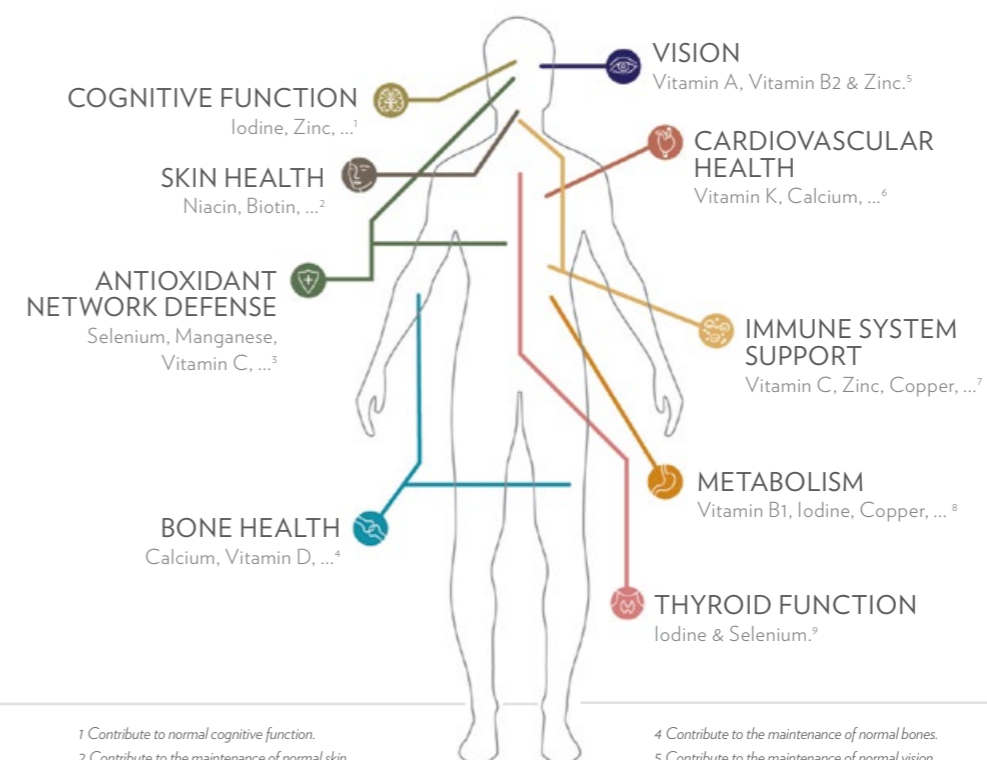


LIFEPAK®+

Your foundation for a lifetime of health.

Pharmanex® has created a comprehensive micronutrient supplement that provides the body with beneficial levels of important vitamins and minerals, as well as a complete arsenal of botanicals. LifePak®+ provides key nutritional benefits that are substantiated by science.

9 FUNCTIONS IN ONE FORMULA



Don't let your guard down

Your body is constantly exposed to sunlight, pollution and stress that can weaken your skin's protective barrier. With its advanced formula, LifePak®+ provides vitamin C, which contributes to the protection of cells from oxidative stress.



ESSENTIAL NUTRITIONALS ADR PACKAGE, WHICH CONTAINS LIFEPAK®+, MARINE OMEGA AND JVI®
For more information on how to benefit from this special promotion, ask your Distributor.

1 Contribute to normal cognitive function.
2 Contribute to the maintenance of normal skin.
3 Contribute to the protection of cells from oxidative stress.

4 Contribute to the maintenance of normal bones.
5 Contribute to the maintenance of normal vision.
6 Contribute to normal blood clotting.

7 Contribute to the normal function of the immune system.
8 Contribute to normal energy-yielding metabolism.
9 Contribute to the normal thyroid function.

SUPPORT FOR A STRONG FOUNDATION

To sustain optimal health, a balanced diet containing vitamins, minerals and other nutrients is recommended, together with a healthy lifestyle. With the demands of a busy routine, the additional intake of selected nutrients can complement your normal diet on a daily basis. LifePak[®]+, JVi[®] and Marine Omega are specifically designed to help provide you with the nutritional foundation to strive in today's world.



MARINE OMEGA

Marine Omega is a food supplement rich in omega-3 fatty acids, containing eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), which provides about 1,3 g/day of omega-3 fatty acids with krill and fish oil. EPA and DHA contribute to the normal function of the heart. In addition, DHA contributes to maintenance of normal brain function and normal vision.

120 softgels

Item No. 85883536: AT, BE, DE, FR, IT, LU, NL, PT
85893536: DK, ES, GB, IE, IS, NO, SE
85433536: CZ, HU, PL, RO, SK



JVi[®]

Joie de Vivre — Get a taste for life

JVi[®] is a beverage based on fruit and vegetable concentrates, juices and puree, carefully selected to indulge your taste buds. Because when Europe's finest fruits and vegetables unite with the imperial fruits: wolfberry, sea buckthorn and acerola, it is you who eventually reaps the rewards. The latter are known for their high content of vitamins and minerals, especially vitamin C, and have traditionally been consumed in South American and Asian cultures, as part of a healthy diet.

This orange coloured beverage contains carotenoids and is rich in vitamin C, which contributes to:

- The protection of cells from oxidative stress
- The normal function of the immune system
- Normal collagen formation for the normal function of skin

Partner up with JVi[®] to reinforce your body's protection and for a radiant look from inside out.

2x 750ml bottles

Item No. 85433762: HU, RO, SK, CZ, PL
85893762: GB, IE, DK, NO, SE, IS, FI
85883762: BE, NL, LU, DE, CH, AT, FR, IT, ES, PT



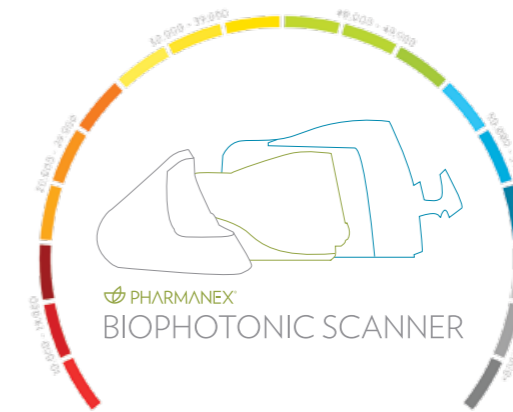
HOW DO I KNOW MY CAROTENOID LEVELS?



MONEY BACK GUARANTEE

After taking SCS Certified products, if your SCS does not increase, your money will be refunded*.

*Visit www.nuskin.com for complete guarantee details.



“Thanks to the Pharmanex[®] BioPhotonic Scanner, it is possible to clearly show how LifePak[®]+ increases the Skin Carotenoid Score.”

Károly Váczy, Nu Skin[®] Distributor

PHARMANEX[®] S3 BIOPHOTONIC SCANNER



It is the next generation of business innovation being smaller, faster and portable. The S3 was named a 2014 bronze winner from the International Design Excellence Awards (IDEA) and was selected as a winner in the 2015 BIG Innovation Awards. According to BIG, the Scanner empowers users to track improvements to their skin as they make changes to their diet and lifestyle.

Available since April 2014 to all qualified Distributors.



Would you like more information on a Pharmanex[®] product? Then visit www.nuskin.com



TR90® PROGRAMME START YOUR TRANSFORMATION

These days, there is a high pressure to look young and to have that perfect body shape. When it comes to developing new and healthy eating habits to get the body shape we are craving for, we lack willpower, time or maybe traditional diets simply do not work for you.

Introducing TR90®, a breakthrough weight management and body shaping system, to help your mind and body unify for a 'new' looking you.

The TR90® Programme consists of three important elements: food supplements, an eating plan with meal replacement bars and shakes and an exercise plan to help you on the way. The food supplements will keep your motivation level up.



TR90® package includes:

1 TR90® JS, 3 TR90® Complex C, 3 TR90® Complex F, 20 TR90® M-Bars, 10 TR90® M-Shakes, 1 TR90® Programme Guide, 1 Transformation Journal and other items to support you on your transformation.

- | | |
|-------------------------------|--------------------------|
| Item No. 97138602: GB, IE, IS | 97138605: BE, CH, FR, LU |
| 97138601: AT, CH, DE, LU | 97138609: BE, NL |
| 97138608: CH, IT | 97138603: ES |
| 97138611: PT | 97138610: NO |
| 97138600: DK | 97138613: SE |
| 97138791: PL | 97138604: FI |
| 97138599: CZ | 97138606: HU |
| 97138612: RO | 97138598: SK |

TR90® 3-month ADR Programme:

Month 1: 1 TR90® JS, 1 TR90® Complex C, 1 TR90® Complex F, 20 TR90® M-Bars, 10 TR90® M-Shakes, 1 TR90® Programme Guide, 1 Transformation Journal and other items to support you on your transformation. Month 2 and 3: 1 TR90® Complex C and 1 TR90® Complex F.

- | | |
|-------------------------------|--------------------------|
| Item No. 97138635: GB, IE, IS | 97138620: BE, CH, FR, LU |
| 97138634: AT, CH, DE, LU | 97138624: BE, NL |
| 97138623: CH, IT | 97138618: ES |
| 97138626: PT | 97138625: NO |
| 97138617: DK | 97138614: SE |
| 97138792: PL | 97138619: FI |
| 97138616: CZ | 97138621: HU |
| 97138627: RO | 97138615: SK |



TR90® M-BAR

Your on-the-go meal

Delicious meal replacement bars available in two flavours: Chocolate and Lemon Crisp. They offer an appropriate amount of proteins that contribute to the growth and maintenance of muscle mass in a convenient and easy way.

TR90® M-Bar:

- Can easily be integrated into your lifestyle.
- Removes the guesswork.
- Is convenient, discreet and ready for use on-the-go.

Chocolate: 60g/bar
Lemon Crisp: 59g/bar

Item No. TR90® M-Bar Chocolate (30 bars)
97138409: AT, BE, CH, DE, FR, LU, NL
97138401: DK, GB, IE, IS, PT
97138673: HU, RO
97138403: CZ, PL, SK
97138407: FI, SE
97138405: ES, NO
97138411: IT

TR90® M-Bar Lemon Crisp (30 bars)
97138410: AT, BE, CH, DE, FR, LU, NL
97138402: DK, GB, IE, IS, PT
97138674: HU, RO
97138404: CZ, PL, SK
97138408: FI, SE
97138406: ES -NO
97138412: IT

TR90® M-SHAKE

All the nutrients of a healthy meal in a delicious shake

Available in Chocolate and Vanilla, these shakes are quick to prepare as a delicious alternative for your breakfast, lunch or dinner. Each shake brings you the replacement of one main meal, which is not always easy with a busy agenda.

By adding 250ml of semi-skimmed milk, TR90® M-Shake will provide the right amount of proteins that contribute to the growth and maintenance of muscle mass, and as such, help you to manage your body shape.

Chocolate: 33,5g/sachet
Vanilla: 32g/sachet

Item No. TR90® M-Shake Chocolate (30 sachets)
97138761: AT, BE, CH, DE, FR, LU, NL
97138762: DK, GB, IE, IS, PT
97138765: HU, RO
97138760: CZ, PL, SK
97138764: FI, SE
97138763: ES, IT, NO

TR90® M-Shake Vanilla (30 sachets)
97138767: AT, BE, CH, DE, FR, LU, NL
97138768: DK, GB, IE, IS, PT
97138771: HU, RO
97138766: CZ, PL, SK
97138770: FI, SE
97138769: ES, IT, NO

TR90® M-SHAKE BOTTLE

Mix even the thickest ingredients with ease

Perfect for your TR90® M-Shake, this 590ml BlenderBottle® features a secure screw-on lid, wide mouth for easy mixing, convenient carrying loop and a flip cap design. The patented BlenderBall® wire moves freely inside the bottle as you shake, mixing even the thickest ingredients with ease.

Item No. 86998691



TR90® PROGRAMME GUIDE

Doing exercises adjusted to your personal lifestyle, adapting your eating habits and setting your goals are a really important topic in this programme.

Eating proteins is a key component of the TR90® Programme. Proteins are important nutrients to contribute to the maintenance of muscle mass. After that it is time to start thinking about your exercise pattern. Are you used to doing sports or not? Don't worry, this guide will help you get through this amazing transformational journey.

TR90® JS

For a two-week boost and to get you primed and ready for lasting success.

15 sachets

TR90® COMPLEX C

Is your mind ready to feel the transformation? Complex C is your companion on this TR90® journey.

90 capsules

TR90® COMPLEX F

Rev up your body's system!

120 capsules





SOLUTIONS

Formulated to meet the demands of everyday life.

Today's lifestyles demand more from our bodies than ever before. Our Pharmanex® Solutions products contain high-quality ingredients in safe and beneficial amounts. Each one provides the targeted nutrients our bodies need to keep up with our daily routines – providing real-life solutions for real-life demands.



PHARMANEX® PILL BOX

Designed with your convenience in mind, this transparent, three-compartment pill box can be carried in your purse or pocket.

1 piece

Item No. 97136127 all markets



FLEXCRÈME™

FlexCrème™ is a unique and proprietary mixture of cetylated fatty acid esters including Cetyl Tallowate.

Simply rub this fast-acting cream onto your skin. FlexCrème is easy to apply and quickly absorbed by the skin.

60ml

Item No. 85873521 all markets except: ES, IE, PL, PT



FLEXCARE®

Your body's joints enable you to enjoy movement, with the primary function of holding the skeletal structure of your body together. Simply stated, the joints act as the glue.

The cartilage found in joints acts as a cushion between the bones. Maintaining healthy joints should be a lifelong goal achieved by adopting a healthy lifestyle. Elements of healthy living that help maintain healthy joints include sustaining a healthy body weight, regular and appropriate exercise and maintaining a nutritious and healthy diet.

FlexCare® contains vitamin C which contributes to normal collagen formation for the normal function of cartilage and gums.

120 tablets

Item No. 85883231: BE, LU, NL
85833231: CZ, HU, RO, SK



CORDYMAX CS-4®

Our CordyMax formula is a standardised mycelia obtained through a fermentation process of the *Cordyceps sinensis* mushroom. CordyMax is manufactured according to the Pharmanex 6S Quality Process and is standardised by High Performance Liquid Chromatography (HPLC) – an instrument used to determine the chemical makeup of any sample - to guarantee potency and consistent results of active ingredients.

120 capsules

Item No. 85873441: BE, GB, IT, LU, NL, SE
85433441: CZ, HU, RO, SK



BIOGINKGO

If you feel you have been slightly forgetful lately, give yourself a mental performance boost. *Ginkgo biloba* extract, present in BioGinkgo, will help you to maintain memory with age decline and to preserve cognitive function while helping to protect your cells and tissues from oxidation.

60 tablets

Item No. 85873442: DK, GB, IS, NL
85433442: CZ, HU, RO, SK



OPTIMUM OMEGA®

Optimum Omega® is a food supplement that provides fish omega-3 fatty acids including EPA (eicosapentaenoic acid), DHA (docosahexaenoic acid) and deodorised garlic extract. EPA and DHA contribute to the normal function of the heart.

Alpha-tocopherol, present in Optimum Omega®, preserves product freshness by preventing omega-3 from oxidative damage.

Under the strict Pharmanex® 6S Quality Process for efficacy and safety, Pharmanex® sources fish that meet all its quality requirements.

60 softgels

Item No. 85883103: AT, BE, CH, DE, FR, IT, LU, NL
85893103: DK, FI, GB, IE, IS, NO, SE
85433103: CZ, HU, PL, RO, SK

Would you like more information on a Pharmanex® product? Then visit www.nuskin.com



PHARMANEX® TËGREEN

Nowadays, green tea and its extract are consumed by many populations around the world; while it has traditionally already been used for centuries in China and India, for its various benefits.

Green tea is rich in polyphenol flavonoids, including catechins. Specifically these tea catechins are reported to present antioxidant activity by scavenging free radicals*.

30 capsules

Item No. 85283440: ES, GB, IE, IS, PL
85883440: AT, BE, CH, DE, FR, IT, LU, NL
85893440: DK, FI, NO, SE
85433440: CZ, HU, RO, SK

120 capsules

Item No. 85883529: AT, BE, FR, DE, IT, LU, NL, CH
85893529: DK, FI, NO, SE
85343529: ES, GB, IE, IS, PL, PT
85493529: CZ, HU, RO, SK

IgG BOOST®

A baby's system at birth is vulnerable to a new environment. Nature can help with colostrum. Colostrum is the mother's first milk produced after the birth of her offspring. It differs from milk in that it has a higher protein content. One particular component of both human and bovine colostrums is Immunoglobulin G, or IgG.

120 capsules

Item No. 85883535: AT, BE, DE, FR, IT, LU, NL
85893535: ES, IE, IS, NO, SE, GB
85433535: CZ, HU, PL, RO, SK

REISHIMAX GLp

Part of the body's complex immune system includes a formidable arsenal of cells called NK Cells. These cells recognise a seemingly infinite number of organisms considered as foreign to the body and directly attack and destroy them. They also destroy damaged or compromised cells that occur naturally within the body as part of the cellular regeneration process.

Reishi is a wood-rotting fungus occurring as a shelf-like form on the sides of trees and stumps. In old Chinese texts, Reishi is a highly praised mushroom. For more than 2000 years, the people of Asia have included this rare, deep forest Reishi mushroom as part of their dietary habits.

60 capsules

Item No. 85113519: GB, IS, NL, PL
85433519: CZ, HU, RO, SK

OVERdrive®

Athletic performance depends on numerous important factors. One of the most important is proper nutritional status. OVERdrive® is formulated to provide nutrients, including vitamins and minerals:

- Vitamin B5, B6 and B12 contribute to normal energy-yielding metabolism and to the reduction of tiredness and fatigue.
- Chromium contributes to the maintenance of normal blood glucose levels.
- Antioxidants like vitamin C and E and grape seed contribute to the protection of cells from oxidative stress.
- Grape seed extract contributes to a healthy blood pressure.

90 tablets

Item No. 85863151: AT, BE, DE, FR, IT, LU, NL
85433151: CZ, HU, PL, RO, SK
85893151: GB, DK, IE, IS, NO, SE

R² – REFRESH AND RECHARGE

Over time, our bodies can become less effective at protecting our cells from oxidative damage and our cells begin to accumulate cellular waste and by-products. Decrease of physical vigour, reduced mental acuity and the lack of sexual drive are common signs of ageing – ultimately, what we call the loss of vitality.

R² NIGHT

Helps you to start each day feeling refreshed.

R² Night contains a blend of carefully selected botanical extracts: red orange, broccoli seed and grape seed. In addition, it also contains selenium, a beneficial mineral that contributes to the protection of cells from oxidative stress.

60 capsules

Item No. 85893894: DK, GB, IE, SE
85153894: IT, PT
85283894: CZ, ES, PL
85433894: HU, RO, SK
85883894: DE, AT, BE, LU, FR, NL



R² PACKAGE

Includes R² Day and R² Night.

Item No. 85283901: CZ, ES, PL
85883901: DE, AT, BE, LU, FR, NL
85893901: DK, GB, IE, SE
85153901: IT, PT
85433901: RO, SK, HU

R² DAY

Helps you to feel recharged and take control of a new day.

R² Day offers a wonderful blend of key ingredients such as *Cordyceps sinensis*, Pomegranate and *Panax ginseng*. Ginseng targets the following three dimensions to:

- Increase physical performance.
- Help maintain physical and mental capacities.
- Help maintain good sexual relations.

180 capsules

Item No. 85893895: DK, GB, IE, SE
85153895: IT, PT
85283895: CZ, ES, PL
85433895: HU, RO, SK
85883895: DE, AT, BE, LU, FR, NL

Would you like more information on a Pharmanex® product? Then visit www.nuskin.com

The formula for great skin

Healthy, beautiful looking skin can be a reality for everyone, regardless of age. By following a few simple rules and then caring for your skin with efficacious products, you have the formula for youthful, smoother, healthy looking skin now and in the future.

AGE GROUP	TYPICAL SKIN FEATURES	TAKE ACTION	RECOMMENDATIONS
20's	Even though your skin is moist, smooth and supple, your skin cell renewal rate is beginning to slow. The result is accumulation of excess dead skin cells that give your complexion a dull appearance.	This is a great time to establish a beneficial skin care regimen. <ul style="list-style-type: none"> Use a cleanser developed to help remove dirt and dead cells to uncover your youthful radiance. Follow with a toner to restore pH balance. Apply a product to preserve youthful collagen and elastin. Try at-home microdermabrasion to quickly and gently polish your skin, removing dull skin cells and toxins. Try a weekly spa treatment at home to remove toxins. 	<ul style="list-style-type: none"> Pure Cleansing Gel pH Balance Mattefying Toner Nu Skin Clear Action® Foaming Cleanser Nu Skin Clear Action® Toner Celltrex® CoQ10 Complete Moisture Restore Day SPF 15 Combination to Oily Skin Tru Face® Skin Perfecting Gel Polishing Peel ageLOC® Edition Nu Skin Galvanic Spa System® II
30's	The effects of UV radiation (sunlight) and environmental pollution are beginning to show on your complexion. As collagen production declines, paired with repetitive facial movements, you may start noticing wrinkles around your eyes, mouth and forehead.	Keep a cleanser, toner, moisturiser and sunscreen as part of your daily regimen and include a product that boosts collagen production to help fill in and smooth over those noticeable lines. <ul style="list-style-type: none"> Find a product that contains polyhydroxy acids (PHAs) to help stimulate cell renewal and enhance skin's radiance for a smoother, more youthful looking complexion. Try at-home microdermabrasion to quickly and gently polish your skin, removing dull skin cells and toxins. Try a weekly spa treatment at home to remove toxins. 	<ul style="list-style-type: none"> ageLOC® Gentle Cleanse & Tone Pure Cleansing Gel pH Balance Mattefying Toner ageLOC® Radiant Day SPF 22 Moisture Restore Day SPF 15 Combination to Oily Skin ageLOC® Transforming Night Tru Face® Line Corrector Tru Face® Instant Line Corrector Tru Face® Revealing Gel Polishing Peel ageLOC® Edition Nu Skin Galvanic Spa System® II ageLOC Me® Skin Care System
40's	Your skin's sebum production slows down, resulting in dryer skin. You are also losing fat beneath your skin's outer layer, which means your skin is more fragile and is beginning to sag. Elasticity is reducing and you may notice deeper wrinkles. In short, your complexion has lost its youthful glow.	You may benefit from an antioxidant rich cleanser and a hydrating moisturiser. <ul style="list-style-type: none"> Find a product containing pro-collagen peptides that help soften lines and wrinkles around the mouth, eyes and forehead. Choose a product designed to help elastin production and fight the early visible signs of sagging chin and jaw. Consider a comprehensive, intense system to jump-start your skin care regimen. Try a weekly spa treatment at home to remove toxins. 	<ul style="list-style-type: none"> ageLOC® Gentle Cleanse & Tone Creamy Cleansing Lotion pH Balance Toner ageLOC® Radiant Day SPF 22 Moisture Restore Day SPF 15 Normal to Dry Skin ageLOC® Transforming Night Night Supply Nourishing Cream Tru Face® Line Corrector ageLOC® Tru Face Essence Ultra® ageLOC® Future Serum Nu Skin® 180° Anti-Ageing System ageLOC® Edition Nu Skin Galvanic Spa System® II
50's+	The pigment cells in your skin may clump together more, creating "age spots". Your skin has lost much of its firmness and tone and may be drier, itchy and more sensitive to allergens. Your skin is thinner and more fragile.	In addition to cleansing, toning and moisturising, consider a skin brightening system to reduce skin discoloration and achieve a more even tone. <ul style="list-style-type: none"> Choose a product designed to help increase elastin production while slowing elastin degradation to help firm up sagging and undefined skin around the chin, eyes and jaw. Try a weekly spa treatment at home to remove toxins. 	<ul style="list-style-type: none"> ageLOC® Gentle Cleanse & Tone Nu Skin® 180° Face Wash Tru Face® Priming Solution ageLOC® Radiant Day SPF 22 Celltrex® Ultra Moisture Restore Intense Moisturizer ageLOC® Transforming Night Tru Face® Line Corrector Tru Face® Revealing Gel ageLOC® Tru Face Essence Ultra® ageLOC® Future Serum ageLOC® Edition Nu Skin Galvanic Spa System® II

No matter what your age is, always remember to use a daily sunscreen to help reinforce your natural skin defences and include fresh fruits and vegetables in your diet.

The above information is a guide to typical skin features through different ages. Lifestyle, environment and genes all play a part in how your skin looks and feels, so you may find that products suited to your skin's specific needs may fall under a different age category than your actual age.

Individualised skin care regimen guide

	Daily Core Systems* daily usage						Targeted Treatments** daily usage						Spa-Like Treatments*** 1-3 times per week										
Primary Skin Concerns	ageLOC Me® Skin Care System	ageLOC® Elements	Nu Skin 180° Anti-Ageing System	Nu Skin Clear Action®	Nutricentials® Normal to Dry	Nutricentials® Combination to Oily	ageLOC® Future Serum	ageLOC® Tru Face® Essence Ultra	Tru Face® Line Corrector	Tru Face® Instant Line Corrector	Tru Face® IdealEyes	Tru Face® Revealing Gel	Tru Face® Skin Perfecting Gel	Nu Skin 180° AHA Facial Peel and Neutralizer	Celltrex® CoQ10 Complete	Celltrex® Ultra	Nu Skin Galvanic Spa System® Facial Gels with ageLOC®	Polishing Peel	Exfoliant Scrub	Epoch® Glacial Marine Mud®	Creamy Hydrating Masque	Face Lift Powder and Activator	
Target the Sources of Visible Signs of Ageing	X	X					X										X						
Youthful Skin Structure	X						X																
Skin Firmness	X		X					X			X												X
Fine Lines and Wrinkles	X	X	X				X	X		X													X
Deep Lines and Wrinkles	X		X						X	X													
Hyperpigmentation (age and sun spots)	X	X	X	X			X							X									
Uneven Skin Tone	X	X		X								X						X					X
Rough Skin/Uneven Texture	X		X	X			X					X		X				X	X				X
Dullness/Lack of Radiance	X	X	X								X	X					X	X	X				
Appearance of Pores	X	X	X	X			X					X		X				X	X	X			
Dark Circles/Under Eye Puffiness											X												
Breakouts				X																			
Oiliness	X			X		X															X		
Dry Skin	X				X											X						X	X
Oxidative Stress Protection	X	X			X	X		X				X	X		X	X							

Note:

* Only one core system should be used at a time.

** Using multiple products that target cell turnover like hydroxy acids is a duplication and may potentially increase skin sensitivity. Contact your local Customer Service for detailed product recommendations.

*** Only one spa product should be used per sitting.

Individualised hair care regimen guide

Which Nu Skin® hair care products will suit my hair?*

Hair Type/Condition	SHAMPOO	CONDITIONER	WEEKLY TREATMENT
Normal to oily & fine hair	Balancing Shampoo	Weightless Conditioner	Clarifying Shampoo & ReNu Hair Mask (once a week)
Normal to oily hair seeking sleek, straight styles	Balancing Shampoo	Rich Conditioner	Clarifying Shampoo & ReNu Hair Mask (once a week)
Oily hair desiring volume	Balancing Shampoo	Weightless Conditioner	Clarifying Shampoo & ReNu Hair Mask (once a week)
Very oily hair	Balancing Shampoo	Weightless Conditioner	Clarifying Shampoo & ReNu Hair Mask (1 or more times a week)
Very dry hair	Moisturizing Shampoo	Rich Conditioner	ReNu Hair Mask (1 to 2 times a week)
Very dry & heavily treated hair	Moisturizing Shampoo	Rich Conditioner	ReNu Hair Mask (2 or more times a week)
Dry to normal hair	Moisturizing Shampoo	Weightless Conditioner	ReNu Hair Mask (once a week)
Dry to normal hair seeking sleek, straight styles	Moisturizing Shampoo	Rich Conditioner	ReNu Hair Mask (once a week)
Highly exposed to environmental pollution (swimmers hair)	Moisturizing Shampoo	Rich Conditioner	Clarifying Shampoo & ReNu Hair Mask (1 to 2 times a week depending on hair's condition)
Course & curly hair	Moisturizing Shampoo	Rich Conditioner	Clarifying Shampoo & ReNu Hair Mask (once a week)
Thick hair preferring products with ethnobotanical ingredients	Epoch® Ava puhi moni Shampoo and Light Conditioner	Epoch® Ava puhi moni Conditioner	Clarifying Shampoo & ReNu Hair Mask (once a week)
Hair with dandruff problems	Epoch® Ava puhi moni Anti-Dandruff Shampoo	Conditioner of your choice	Clarifying Shampoo & ReNu Hair Mask (once a week)
Hair loss or hair thinning	Nutriol® Shampoo	Conditioner of your choice	Nutriol® Hair Fitness Treatment & ageLOC® Edition Nu Skin Galvanic Spa System® II

*The results will vary depending on hair density, type, texture, condition and personal style.

GLOSSARY

ageLOC® - Nu Skin®'s anti-ageing platform that includes science used to develop and market products that target sources and signs of ageing.

Allspice berry (*Pimenta dioica*) - a spice used by the indigenous people of Central America to relieve persistent dry skin on the feet.

Aloe vera (*Aloe barbadensis*) - recognised for its soothing and conditioning properties.

Alphahydroxy acid (AHA) - an acid that increases skin cell turnover, helps reduce the appearance of fine lines and wrinkles and promote smoother, clearer skin.

Amino acid - a building block of protein. More than 20 different amino acids are used by the body to manufacture different proteins in muscle, hair, skin, blood and other tissues.

Antioxidant - a compound which helps capture free radicals.

AP-24® - a patented oral care ingredient with dimethicone and surfactants that leaves a smooth, clean feeling on the teeth.

arNOX - a powerful free radical generator found on the surface of cells and within the body. arNOX is an age-related enzyme that is believed to contribute as a source of ageing skin. arNOX activity levels in the human body have been shown to be associated with a person's youthful appearance.

arSuperMarkers - age-related super markers or "arSuperMarkers" is a term Nu Skin® coined that describes components of body chemistry that influence how we age.

Ascorbic acid - also known as vitamin C. Vitamin C contributes to the protection of cells from oxidative stress and contributes to normal collagen formation for the normal function of skin.

Ava puhi extract (*Zingiber zerumbet*) - nectar from the bulb of the ava puhi plant. Used for centuries by Polynesians to soften and condition hair.

B Vitamins - a family of water soluble vitamins that have many beneficial properties. These include thiamine (vitamin B1), riboflavin (vitamin B2), niacin (vitamin B3), pantothenic acid (vitamin B5), pyridoxine (vitamin B6), biotin (vitamin B8), folic acid (vitamin B9) and the cobalamins (vitamin B12).

Babassu oil (*Orbignya oleifera*) - extracted from kernels of the babassu palm. Used for generations by indigenous South American cultures as a natural moisturiser.

Bentonite clay - this natural clay, derived from volcanic ash, acts as a magnet to remove dulling skin cells and toxins, then polishes skin for a fresh, bright complexion.

Biophotonics - a field of study that uses light to measure biomarkers in living organisms.

Brown seaweed - highly mineralised and rich with amino acids and antioxidants. Aids in the absorption and retention of moisture.

Burdock root extract (*Arctium lappa*) - historically used to help troubled complexions.



Cactus - an extract that helps the skin look moist and radiant.

Calcium - is the most abundant mineral in the human body. Calcium contributes to normal blood clotting, normal energy-yielding metabolism, normal muscle function and the normal function of digestive enzymes. Calcium is also needed for the maintenance of normal bones and teeth.

Carotenoids - an important category of fat soluble compounds. Abundantly found in nature and responsible for many of the reds, oranges and yellows we see in fruits and vegetables. Some examples of carotenoids are beta-carotene, lycopene, lutein and astaxanthin.

Cetylated fatty acid esters - an all natural form of a fatty acid treated with alcohol and used by the body as an emulsifier and lubricant.

Chamomile extract (*Anthemis nobilis* and *Chamomilla recutita*) - known for its soothing, conditioning and softening effects.

Citrus aurantium amara - used by various cultures throughout China and the Caribbean, especially Haiti, as a refreshing, natural deodoriser. Though originating in China, *Citrus aurantium amara* was introduced into Europe in the eleventh century. The fruit of the *Citrus aurantium amara* (a small orange called a Seville orange) became very popular, not only for its delightful sweet and sour taste, but also for its refreshing scent and deodorising properties.

Clematis vitalba leaves - used for generations by Native Americans to soothe flaky, dry skin.

Coenzyme Q10 (CoQ10 or Ubiquinone) - topically, coenzyme Q10 promotes essential cellular energy for a radiant, youthful appearance.

Collagen - a protein that provides structure, strength and elasticity to the skin and other tissues throughout the body.

Colostrum - colostrum is the mother's first milk produced after the birth of her offspring. Differs from regular milk in that it has a higher concentration of specific type of proteins.

Colourless carotenoid (*Dunaliella salina* extract) - a unique antioxidant produced from algae grown in the Mediterranean Sea. Helps protect the skin from environmental hazards.

Copper - Copper contributes to normal energy-yielding metabolism, normal functioning of the nervous system, normal hair pigmentation, normal skin pigmentation, normal function of the immune system and the protection of cells from oxidative stress.

Cordyceps sinensis - a mushroom prized in China since ancient times.

Cordyline terminalis - Hawaiian ti leaves treasured for hundreds of years by Polynesians for their skin-soothing properties.

Cortex - surrounds the core of the hair. The hair cortex gives hair its special qualities such as elasticity and curl. The cortex also contains granules of melanin, the hair's pigment which is produced when the hair is growing in its follicle.

Cotton bloom extract - smoothes the cuticle, protects the keratin structure and moisturises naturally with seven actively synergistic oligosaccharides.

CS7 - smoothes cuticles to provide shine that lasts through repeated shampooing.

Cuticle - is the outermost portion of the hair shaft. The cuticle is responsible for much of the mechanical strength of the hair fibre. Made of flattened cells that overlap like the tiles on a terracotta roof, the cuticle protects the inside of the hair shaft from damage.

DHA (Docosahexaenoic acid) - is an omega 3 fatty acid that contributes to normal brain function and normal vision. Fish oil is a good source of DHA.

Di- and tri-peptides - derived from hydrolysed rice protein; improve the skin's recovery process after stress; stimulate cell turnover and synthesis of dermal proteins for improved firmness and a decrease in lines and wrinkles.

DNA (Deoxyribonucleic acid) - the genetic material found in nearly every cell of the human body. DNA contains the genetic information necessary for building and maintaining an organism. DNA usually exists as a double strand held tightly together, creating a double helix.

EPA (Eicosapentaenoic acid) - is an omega 3 fatty acid. Together with DHA, EPA contributes to the normal function of the heart. Fish oil is a good source of EPA.

Ethocyn® - an anti-ageing ingredient that has been clinically proven to improve the key component of firm skin.

Ethnobotanicals - plants used by indigenous cultures for skin benefits.

Eucalyptus - combined with menthol and peppermint oil to provide a cooling and invigorating sensation on the skin as well as a bold refreshing scent.

Free radicals - unstable molecules in the body that seek neighbouring molecules, making a continuing chain reaction of free radical formation and molecular stress. This chain reaction can lead to oxidative stress on cell membranes, DNA and tissue proteins.

Genes - the basic unit of heredity in living organisms. Genes are functional sections of DNA that hold the information to build, maintain and regenerate cells and pass genetic traits to offspring. Some of these traits are immediately visible, such as eye colour or number of limbs and some express themselves later on in life, such as rate of ageing, health.

Ginkgo biloba - a botanical extract from the ginkgo tree that will help you to maintain memory with age decline and preserve cognitive function.

Gluconolactone - a polyhydroxy acid found naturally in skin cells. Its molecular structure makes it gentle and non-irritating to the skin while providing clinically proven anti-ageing benefits such as antioxidant protection, moisturisation and skin barrier.

Green tea (*Camellia oleifera* and *Camellia sinensis*) - used as a cosmetic ingredient, it is an antioxidant that helps to soothe troubled skin and even out skin tones. Green tea contains several molecules of polyphenols.

Hibiscus flower extract (*Hibiscus rosa-sinensis*) - used throughout Polynesia, Southeast Asia and Central and South America for creating an infusion to cleanse, soften and soothe.

HMW Complex - this exclusive Nu Skin® ingredient combination includes hypnea musciformis extract, mugwort extract and willow herb. It works to soothe and calm the skin.

Horse chestnut (*Aesculus hippocastanum*) - an extract from a flowering tree that invigorates and energises the skin.

Hyaluronic acid - a moisturising compound found naturally in the skin. Selected for its capacity to bind moisture to the skin's surface.

Hydroxytyrosol - a polyphenol found in extra virgin olive oil that promotes smooth, flawless skin.

IBR-Dormin® (*Narcissus tazetta* extract) - a natural compound in the narcissus bulb. Scientifically shown to enhance cellular durability and improve the skin's natural defence against environmental aggressors.

Immunoglobulins - a general term for antibodies. In response to exposure to foreign substances, all mammals produce these specific proteins.

Job's tears extract (*Coix Lacryma-jobi*) - derived from seeds of an ornamental grass. Historically used in Asia to soothe the skin.

Jojoba oil (*Simmondsia chinensis*) - a natural moisturiser derived from the seeds of a desert shrub that helps hair and skin look and feel soft.

Kelpadellie extract (*Macrocystis pyrifera*) - brown marine kelp extract, beneficial for the synthesis of structural skin components, contributes to a firm and soft looking skin.

Krill oil - marine oil extracted from crustaceans offering a natural combination of phospholipids, astaxanthin and EPA/DHA fatty acids.

Lactic acid - see Alphahydroxy acid.

Lavender extract (*Lavandula angustifolia*) - used since ancient times as a cleansing ingredient.

Manganese - in biology, manganese ions function as cofactors for a large variety of enzymes with many functions. Contributes to normal energy-yielding metabolism and the protection of cells from oxidative stress.

Marine diatoms (*Diatomaceous earth*) - fine particles from planktonic algae used to gently exfoliate dead skin cells.

Meadowfoam seed oil (*Limnanthes alba*) - natural emollient. Moisturises and conditions skin.

Mentha arvensis - a natural wild mint that cools and revives the skin. Used by south-western Native American tribes.

Micronutrients - nutrients that we need in only small quantities, such as vitamins and minerals. Micronutrients carry out hundreds of vital functions within the body.

Minerals - essential micronutrients that are required in the diet because they cannot be produced by the body. They function as cofactors in many reactions in the body.

Mullein (*Verbascum thapsus*) - a flowering plant indigenous to the American Southwest, which is used by Native Americans for its soothing effects.

Mushroom extract (*Fomes officinalis*) - a natural astringent shown to improve skin tightness and firmness as it diminishes the appearance of pores.

NaPCA (Sodium PCA) - a humectant that attracts and binds moisture to the skin.

Natural sterols - have a high water holding capacity and give hair a moist, smooth feel.

Oligopeptide - a skin conditioning agent that enhances lip definition and fullness.

Omega 3 fatty acids - Omega-3 fatty acids are polyunsaturated fatty acids. Main sources are krill and fish oil, egg and plant oils (flaxseed oil). EPA and DHA are the most important fatty acids.

Oxidation - a reaction caused to the body's cells by the action of free radicals. Over time, oxidised cells become weaker and less able to perform all their functions properly.

Panthenol - member of the vitamin B family. A revitalising moisturiser and conditioner for both skin and hair.

Papain - an enzyme from the tropical fruit papaya that helps eliminate build up in pores.

Pea extract, bamboo extract and glucosamine - a powerful anti-ageing ingredient blend that has been shown to reduce the appearance of fine lines and wrinkles, and increase cell turnover, resulting in visually youthful skin.

Peppermint oil (*Mentha piperita*) - a natural plant oil that cools, invigorates and stimulates the skin.

Phosphatidylcholine - derived from soy. Helps protect cell membranes and maintain skin fluidity.

Photosomes - DNA enzymes derived from marine plankton. They defend and support the skin and help to repair the impact of UV radiation. Lipid encapsulation provides enhanced bioavailability.

Pistachio oil (*Pistacia vera*) - a nut oil rich in fatty acids that moisturises and softens the skin.

Polyhydroxy acids (PHA) - see Gluconolactone.

Polymer technology - creates a solid cream concealer that weightlessly offers smooth, long-lasting, buildable coverage without the use of petrolatum or heavy waxes.

Polyphenols - polyphenols are molecules that plants produce. The pigments that indicate that fruits and vegetables are ripe are also part of the polyphenol family. They are also called phytochemicals or phytonutrients.

Pomegranate - a deep-red, many seeded fruit native to Persia. Pomegranate contains polyphenols such as flavonoids.

Proteins - are large biological molecules consisting of one or more chains of amino acids. Proteins perform a vast array of functions in the body including metabolic reactions, replication of DNA and transport of molecules. Used by the body for building tissues, proteins are found in meat, eggs, dairy products, nuts, grains, fruits and vegetables.

Pumpkin enzymes (*Lactobacillus/Curcubita pepo fruit ferment extract*) - proteolytic enzymes derived from pumpkin that help exfoliate and slough off dead skin cells.

Reishi mushroom (*Ganoderma lucidum*) - Reishi is a wood-rotting fungus occurring as a shelf-like form on the sides of trees and stumps. In old Chinese texts, Reishi is a highly praised mushroom. For more than 2,000 years, the people of Asia have utilised the rare, deep forest Reishi mushroom.

Retinol - a pure form of vitamin A that helps smooth fine lines and wrinkles, increase skin clarity and bring radiance to the complexion. Vitamin A also contributes to normal iron metabolism, to the maintenance of normal skin, vision and immune system.

Saccharide isomerate - binds moisture to the skin, reducing dryness and giving skin a healthy glow.

Salicylic acid - a betahydroxy acid that promotes skin exfoliation.

Selenium - cofactor in the function of the enzyme glutathione peroxidase which contributes to the protection of cells from oxidative stress.

Shea butter (*Butyrospermum parkii*) - a rich emollient that enhances the skin's natural barrier function and increases moisture levels.

Soy lipids (*Glycine soja*) - protect the skin's delicate moisture barrier. Help skin stay soft and hydrated.

Strawberry extract (*Fragaria vesca*) - helps soothe skin and reduce the appearance of pores.

Sunscreen - an active ingredient that helps prevent sun damage by absorbing harmful UV radiation.

Tocopherol - also know as vitamin E, which contributes to the protection of cells from oxidative stress.

Tricalgoxyl® (*kelp sulfated oligosaccharides*) - extracted from brown algae. Rich in polysaccharides, which provide an optimal environment for abundant-looking hair.

Urea - a highly effective and powerful humectant. Urea penetrates deep into the outermost layer of the skin to hydrate and protect dry, damaged skin. In higher concentrations, urea can help reduce scales and calluses.

Vitamin A - see Retinol.

Vitamin C - see Ascorbic acid.

Vitamin D - a fat soluble vitamin obtained from dietary sources or produced by skin cells when exposed to sun light. Contributes to the maintenance of normal bones and the normal function of the immune system. Synthesis of vitamin D in the skin by the action of sunlight is insufficient to meet requirements in European countries, especially during winter months when there is little sunlight exposure.

Vitamin E - see Tocopherol.

Vitamin K - this fat soluble vitamin contributes to normal blood clotting and to the maintenance of normal bones.

Vitamins - essential micronutrients that are required in the diet because they cannot be produced by the body. Vitamins can act as antioxidants and coenzymes, compounds necessary for numerous reactions within the body.

Walnut shell powder (*Juglans regia*) - ground from the English walnut to create a mild abrasive for softer, smoother skin.

White tea extract (*Camellia sinensis*) - an antioxidant high in catechins; helps protect and restore the skin's natural resiliency.

Yarrow (*Achillea millefolium*) - a plant extract that helps soothe the skin.

Youth Gene Clusters - functional groups of genes that share characteristics associated with youthfulness. Youth Gene Clusters are a key arSuperMarker.

Zinc - a trace mineral essential to more than 70 enzyme reactions in the body. Zinc contributes to the protection of cells from oxidative stress, the maintenance of normal bones, vision and skin. It also contributes to normal cognitive function.

Zinc PCA - a sebum reducer.

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A CULTURE OF GIVING

Nu Skin®'s culture of giving unites the Nu Skin® family of Distributors, customers and employees in innovative humanitarian efforts that multiply the company's ability to nourish and empower children around the world.

NU SKIN FORCE FOR GOOD FOUNDATION®

Since 1996, the non-profit Nu Skin Force for Good Foundation® has granted more than US\$51 million to life-changing projects to help improve the lives of children around the world. Since Nu Skin® covers all administrative and overhead costs for the foundation, 100% of donations from generous Distributors, and from sales of our unique Epoch® personal care line and nourishing VitaMeal are used directly to improve the health, education and economic opportunity of children. Major projects include:

- Teaching sustainable agriculture in Malawi with the Mtalimanja Village School of Agriculture for Family Independence (SAFI) and Seeds of Hope reforestation initiative.
- Providing schools and education resources to island children through Seacology.
- Funding research to find a cure for the devastating skin disease Epidermolysis Bullosa (EB).

For more information or to make a difference with your contribution, please visit www.forceforgood.org





NOURISH THE CHILDREN®

Making a difference in lives of children.

Fortunately, with Nu Skin®'s Nourish the Children® initiative, now one serving of VitaMeal is donated to a child in need every second. Nourish the Children® is an innovative business initiative that facilitates ongoing VitaMeal purchases, donations and distribution. This unique social entrepreneurial network of Nu Skin® Distributors and customers results in millions of life-saving meals reaching malnourished children around the world every month.

Nu Skin® scientists collaborated with a leading expert in child malnutrition to develop VitaMeal. One bag of VitaMeal holds 30 child-sized meals – enough to provide the vitamins and nutrients necessary to nourish a child for a month. Since 2002, more than 450 million meals have been donated through the Nourish the Children® initiative.

MAXIMISING YOUR IMPACT

For every VitaMeal 5-pack donation, Nu Skin® also donates one bag of VitaMeal. For all other VitaMeal donations, Nu Skin® matches one bag for every eight bags purchased.

With VitaMeal plants in Malawi and China, the Nourish the Children® initiative is also helping create new jobs and economic opportunities.

www.nourishthechildren.com

1 VITAMEAL BAG
30 CHILD MEALS
Item No. 97113532

2 VITAMEAL BAGS
60 CHILD MEALS
Item No. 97113524

5 VITAMEAL BAGS
150 CHILD MEALS
Item No. 97000924



NOURISH THE CHILDREN®
AN INITIATIVE OF NU SKIN ENTERPRISES

REWARD YOURSELF WITH SOMETHING THAT REALLY PAYS



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THE BEST **PRODUCTS**
THE BEST **PRICES**
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*Some markets/specific regions or islands are excluded from this discount plan.



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